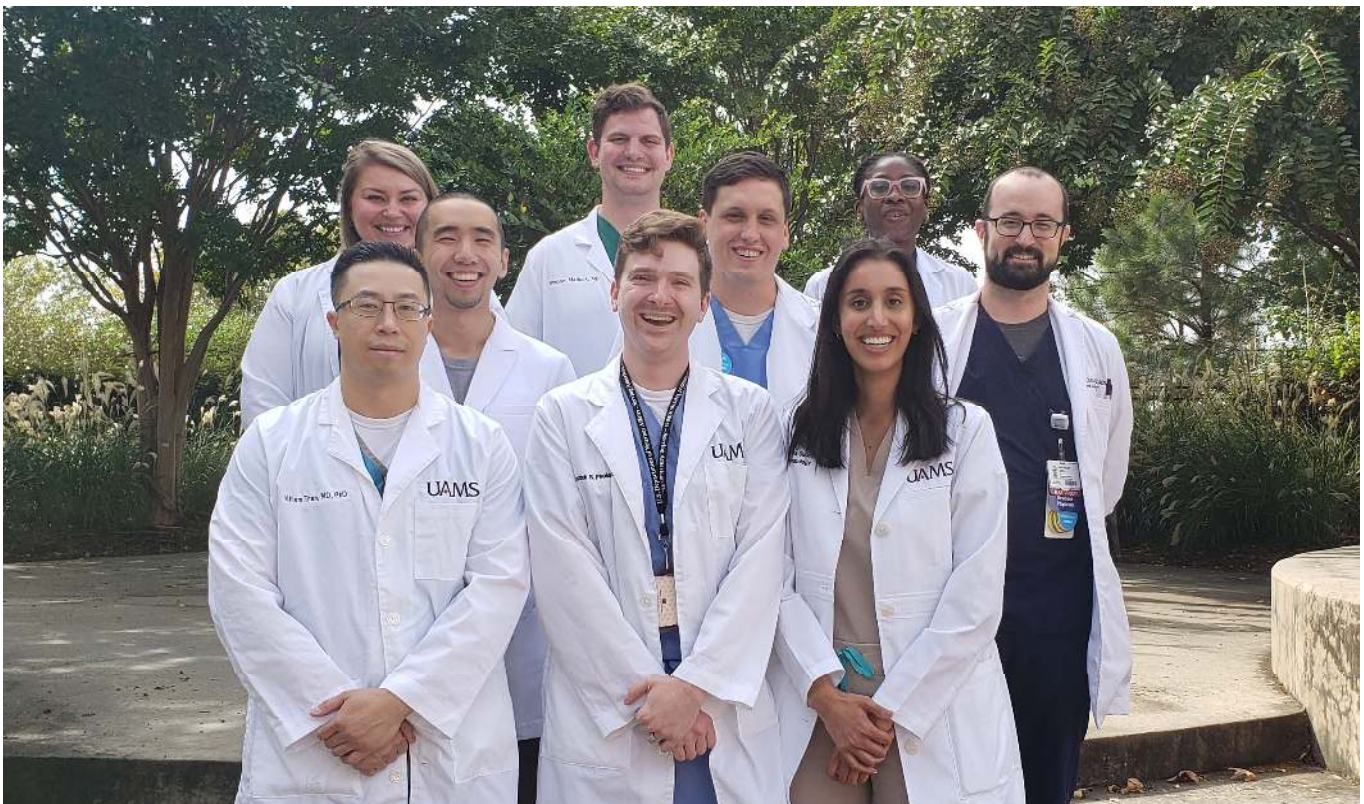




College of Medicine

Department of Dermatology

Fall 2022 Newsletter



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MESSAGE FROM THE CHAIR

“I’m doing well. How are you?” How frequently do you say those phrases without considering what the words really mean? Are we really doing well?

“Wellness”—we hear this new buzzword so often by leadership that maybe you are already rolling your eyes, sighing the sigh, or otherwise ready to tune out. I get it. Burnout in medicine is not something that trite “wellness” activities can cure; burnout is most often linked to cumbersome work barriers, regulatory requirements, loss of autonomy, devaluation, and moral injury. Personal wellness will not make these other stressful aspects of a job in healthcare disappear, and I am not advocating a focus on wellness as a solution to burnout. However, I do believe that attention to our personal wellbeing makes us more content as individuals and stronger collectively as a department. We will focus on wellness for our upcoming departmental retreat later this month.



Sara Shalin, M.D., Ph.D.
Chair of UAMS Dermatology

The people in our department are our greatest asset—faculty, residents, clinical and administrative staff. Without each of you, we cannot accomplish our departmental mission to serve patients across the state and region. It is important to me that I work to support your individual and our collective wellness.



From: <https://www.ginger.com/activities/wellness-wheel>

Wellness is multidimensional, encompassing social, occupational, emotional, spiritual, intellectual, physical, environmental, and financial aspects (see graphic). As we gear up for another busy fall and interview season, I am looking at all of these aspects to see 1) how I fare personally on each axis and 2) how our department can promote and support various aspects of wellness. I’d encourage you to do the same—and I would love to hear your ideas on promoting wellbeing in our department.

WELCOME, NEW RESIDENTS!

Drs. Austin Morgan, Hera Wu, and Joshua Hekmatjah have started their first year as dermatology residents!



Austin Morgan

Dr. Morgan is from Conway, Arkansas. He completed his undergraduate education at the University of Arkansas, where he graduated magna cum laude with a Bachelor of Science degree in biology. After matriculating at the University of Arkansas for Medical Sciences College of Medicine, Dr. Morgan received the prestigious Barton Foundation scholarship and was inducted into the Alpha Omega Alpha Honor Medical Society.

Dr. Wu is from Manhattan, Kansas. She completed her undergraduate education at the University of California, Berkeley, where she majored in molecular and cell biology and minored in both ethnic studies and creative writing. Dr. Wu received her medical degree from California Northstate University. She also completed a year-long integrative dermatology research fellowship.



Hera Wu



Joshua Hekmatjah

Dr. Hekmatjah is from Los Angeles, California. He earned a bachelor's degree in psychobiology from the University of California, Los Angeles and graduated from the Western Michigan University, Homer Stryker M.D. School of Medicine. During medical school, Dr. Hekmatjah completed a research year in dermatology under the mentorship of April W. Armstrong, M.D., MPH at the University of Southern California, Keck School of Medicine.

CONGRATULATIONS, GRADUATING RESIDENTS!

We gathered in June to celebrate our graduating residents: Drs. Stephen Matlock, Edita Newton, and Tara Akunna. We are excited to see what the next chapter will be in their careers in Dermatology! Congratulations, Stephen, Edita, and Tara!



(Left to Right) Drs. Stephen Matlock, Edita Newton, and Tara Akunna



STUDENT RESEARCH FELLOW REFLECTIONS

Firstly, I want to share my deepest appreciation for the UAMS Department of Dermatology for welcoming me as a Clinical Research Fellow this past year. This year at UAMS has been career defining and has set the path to my future in dermatology.

I would like to thank all of the residents, faculty, clinic staff, and administrators in the department for making me feel like a part of the UAMS Dermatology family. I arrived in Little Rock not knowing anyone and left with lifelong friends and mentors that have provided endless support in my journey to becoming a dermatologist.



Dr. Vivian Shi (left) and Devea De, UAMS Dermatology Student Research Fellow

During my time here, I have worked closely on research projects with my mentor Dr. Vivian Shi, Dr. Megan Evans, Dr. Thomas Jennings, Dr. Jay Kincannon, Dr. Sara Shalin, Dr. Henry Wong, and collaborated with residents and medical students. I have been able to represent UAMS with oral and poster presentations by attending several national, state, and local conferences. I collaborated on research projects and publications with faculty both at UAMS and across the country with over 35 peer-reviewed publications, 35 abstracts, and 5 textbook chapters. I spearheaded and developed longitudinal research studies at UAMS to learn more about atopic dermatitis and prurigo nodularis. I participated in resident didactics and journal club as well as learning from faculty at the University Clinics, Dermopath, and Children's Hospital. I am thankful for my incredibly productive year at UAMS and the support the Department of Dermatology has provided to make this possible.

Lastly, I am grateful to have worked with the Hidradenitis Suppurativa (HS) and dermatology clinic patients over the past year. Learning from this incredible patient population was the main reason I chose to come to Arkansas and dedicate a year to learn about HS. Over the course of a year, I have seen the transformation of these patients and am so humbled to learn from them and their experiences. Their stories have made me deeply passionate about patient education and empowerment, which I believe is crucial step to helping these patients achieve their best physical, emotional, and social health. For this reason, my proudest accomplishments from this year include being the managing editor and author of several chapters for the first ever HS Patient Handbook in addition to spearheading the designs for the first HS patient mobile application. Increasing health literacy and education for this disease is critical and I'm honored to be a part of these projects that will have a positive impact on the lives of these patients.

This year was just the start of my lifelong dedication to this field, and I will be forever grateful to the UAMS Department of Dermatology for this opportunity.

Devea De, Jacobs School of Medicine and Biomedical Sciences, SUNY Buffalo

THE FOURTH ANNUAL UAMS DERMATOLOGY FALL CLINICAL SYMPOSIUM

Dermatology Updates for General Practitioners

Topics will include acne, skin cancer and other inflammatory skin conditions.

Saturday, Oct. 29, 2022

UAMS Jackson T. Stephens Spine & Neurosciences Institute
501 Jack Stephens Drive
Little Rock, AR
12th Floor – Fred W. Smith Conference Center

**Registration
is FREE!**

Contact:
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Hosted by:
Department of
Dermatology

STAFF SPOTLIGHT: KATIE SPEIGHTS, PA-C



A native of Chicago, Kathryn “Katie” Speights moved to Arkansas when she was in the 5th grade. She graduated from the University of Central Arkansas in Conway with a bachelor's degree in biology and a minor in art. Katie went on to complete the non-traditional teaching program, “Teach Arkansas,” and taught high school biology, anatomy, and botany classes for six years before applying to PA school. Katie graduated from the Harding University PA program with a Master's degree in Physician Assistant Studies in 2013. She practiced family and urgent care for 7 years before coming to UAMS Dermatology in 2021. Katie has been married for 18 years to her high school sweetheart, Aaron. They live in the Benton area with their two green eyed girls: Tatum (4 years old) and Remi Kate (21 months).

Here’s an “inside scoop” with some of Katie’s answers to our favorite icebreakers:

What is your favorite book, movie, or television show?

TV: Game of Thrones, Stranger Things, The Witcher

Books: *Jane Eyre,*
Where the Crawdads Sing

Movie: The Princess Bride

What makes you laugh the most?

Kiddos, and their special language for things like "Foomie" = smoothie, "Ginger Bread" = ginger ale "Momma Caulkey" = Mom's coffee

If you could share a meal with any four individuals, who would they be?

My four grandparents passed before I could know them, would love to spend time with them!

STAFF SPOTLIGHT: KATIE SPEIGHTS, PA-C

What's your favorite hobby?

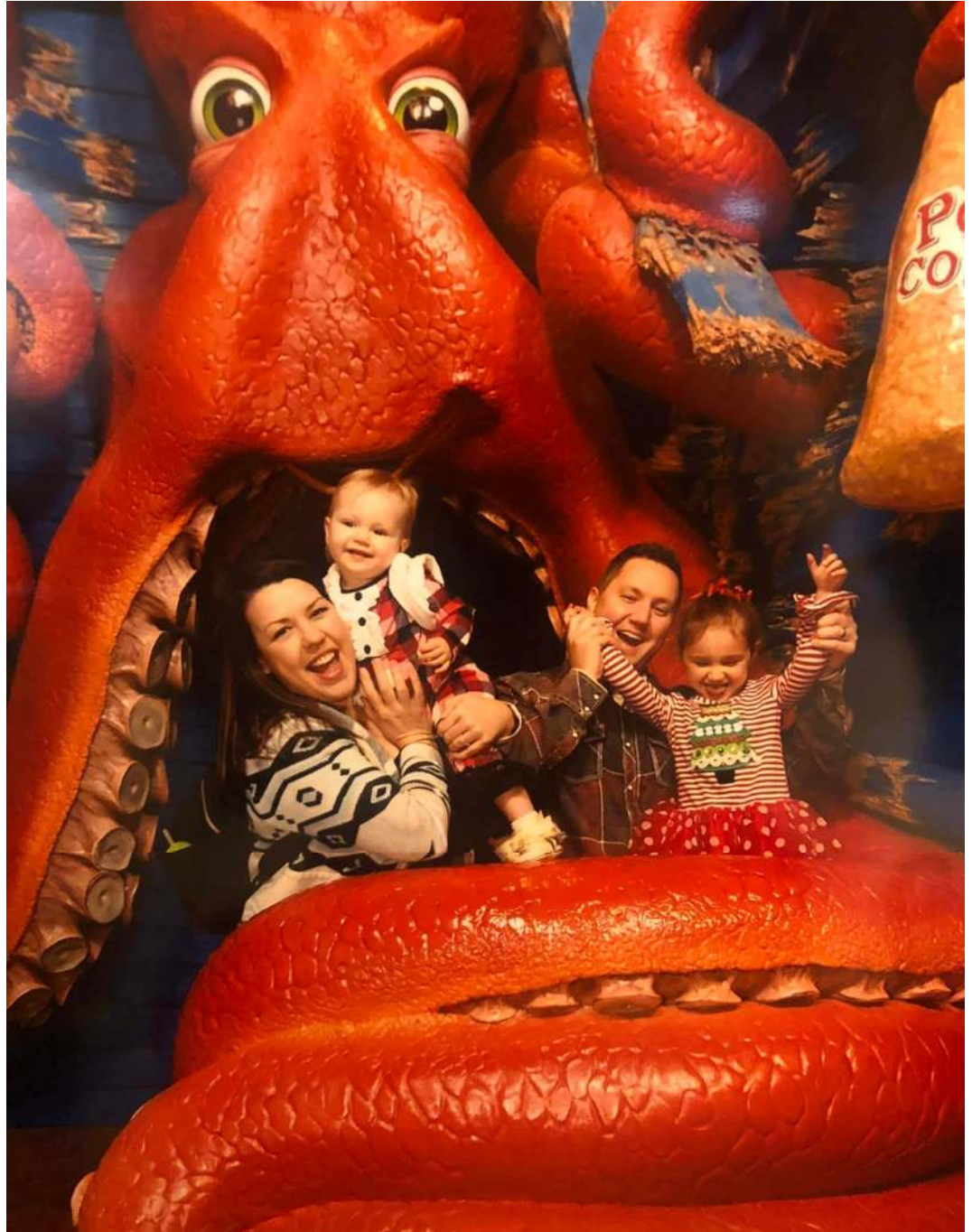
Hanging with family, Drawing, Painting, Singing, Zumba

What is your theme song?

Something Lizzo on the way to work :)

What is your idea of a perfect vacation?

Tropical Beach, good beverage, and plenty of sunscreen!



Follow us on Twitter, Instagram, & Facebook @UAMSDermatology

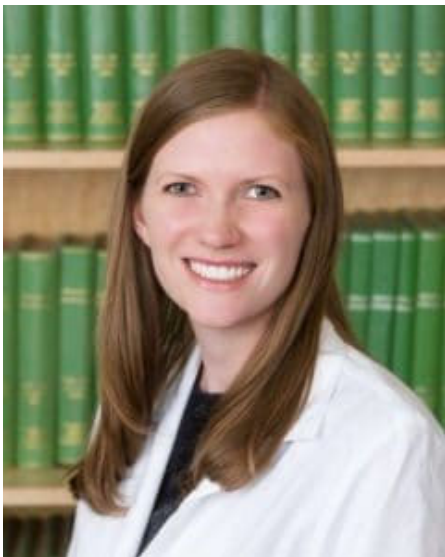
RESIDENT SPOTLIGHT

Dr. Blake St. Clair currently serves as chief resident in the UAMS Department of Dermatology. He completed his undergraduate medical education at the University of Arkansas for Medical Sciences College of Medicine, where he received the prestigious Barton Foundation and Fred T. Caldwell, M.D. scholarships. Most recently, Dr. St. Clair collaborated with Dr. Thomas Jennings, the UAMS Director of Dermatologic Surgery, to publish “Mohs Micrographic Surgery for Dermatofibrosarcoma Protuberans in 15 Patients: The University of Arkansas for Medical Sciences Experience.” (PMID 35573491).



Blake St. Clair, M.D.

FACULTY SPOTLIGHT



Megan Evans, M.D.

Megan S. Evans, M.D., is an Assistant Professor in the UAMS Department of Dermatology and serves as our M3/M4 Clerkship Director. Dr. Evans graduated summa cum laude from the University of Arkansas at Fayetteville in 2007, where she received her Bachelor of Science degree in biochemistry. She received her medical degree from UAMS in 2011. Dr. Evans completed her residency in dermatology at UAMS and her fellowship in pediatric dermatology at the University of North Carolina in Chapel Hill. Dr. Evans is board-certified in adult and pediatric dermatology, and she is a fellow of the American Academy of Dermatology. Dr. Evans practices pediatric dermatology at Arkansas Children’s Hospital (ACH), where she is also a member of the multi-disciplinary vascular anomalies team.

RECENT PUBLICATIONS

1. **St Clair B**, Clark A, Rollins B, **Jennings TA**. “Mohs Micrographic Surgery for Dermatofibrosarcoma Protuberans in 15 Patients: The University of Arkansas for Medical Sciences Experience.” *Cureus*. 2022 Apr 14;14(4):e24147. doi: 10.7759/cureus.24147. PMID: 35573491; PMCID: PMC9106550.
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3. McKinnon AT, **Phelan PS**, **Evans MS**. “Vesiculopustular Rash in a Neonate.” *J Pediatr*. 2022 Jun;245:240-242. doi: 10.1016/j.jpeds.2022.03.025. Epub 2022 Mar 18. PMID: 35314151.
4. Kim EJ, Mangold AR, DeSimone JA, **Wong HK**, Seminario-Vidal L, Guitart J, Appel J, Geskin L, Lain E, Korman NJ, Zeitouni N, Nikbakht N, Dawes K, Akilov O, Carter J, Shinohara M, Kuzel TM, Piette W, Bhatia N, Musiek A, Pariser D, Kim YH, Elston D, Boh E, Duvic M, Huen A, Pacheco T, Zwerner JP, Lee ST, Girardi M, Querfeld C, Bohjanen K, Olsen E, Wood GS, Rumage A, Donini O, Haulenbeek A, Schaber CJ, Straube R, Pullion C, Rook AH, Poligone B. “Efficacy and Safety of Topical Hypericin Photodynamic Therapy for Early-Stage Cutaneous T-Cell Lymphoma (Mycosis Fungoides): The FLASH Phase 3 Randomized Clinical Trial.” *JAMA Dermatol*. 2022 Jul 20:e222749. doi: 10.1001/jamadermatol.2022.2749. Epub ahead of print. PMID: 35857290; PMCID: PMC9301595.
5. Plotzke JM, **Zoumberos NA**, Hrycaj SM, Harms PW, Bresler SC, Chan MP. “PRAME expression is similar in scar and desmoplastic melanoma.” *J Cutan Pathol*. 2022 Sep;49(9):829-832. doi: 10.1111/cup.14286. Epub 2022 Jul 11. PMID: 35752877.
6. Shih T, De DR, Brooks B, Fixsen D, **Shi VY**, Hsiao JL. “Optimizing hidradenitis suppurativa clinic visits: Patient perspectives.” *Int J Womens Dermatol*. 2022 Aug 18;8(3):e040. doi: 10.1097/JW9.000000000000040. PMID: 36000014; PMCID: PMC9388015.
7. **Rick JW**, De DR, Shih T, Alavi A, Kirby JS, Naik HB, Frew JW, Sayed CJ, Hsiao JL, **Shi VY**. “Guidance on COVID-19 Vaccination in Hidradenitis Suppurativa Patients: A Modified Delphi Consensus of Experts.” *Skin Appendage Disord*. 2022 Jul;8(4):287-290. doi: 10.1159/000521268. Epub 2022 Jan 10. PMID: 35979524; PMCID: PMC9274824.

RECENT PUBLICATIONS (CONT.)

8. **Rick JW**, Brannon M, De DR, Shih T, Hsiao JL, **Shi VY**. “Allergen Composition, Marketing Claims, and Affordability of Pediatric Sunscreens.” *Dermatitis*. 2022 Aug 12. doi: 10.1097/DER.0000000000000929. Epub ahead of print. PMID: 35951431.
9. Shih T, De DR, Fixsen D, Brooks B, **Shi VY**, Hsiao JL. “Hidradenitis suppurativa surgery: patient perspectives and barriers.” *Int J Dermatol*. 2022 Aug 7. doi: 10.1111/ijd.16371. Epub ahead of print. PMID: 35933652.
10. Shih T, De D, Daveluy SD, Hogeling M, Lowes MA, Sayed C, **Shi VY**, Hsiao JL. “Real-World Considerations of Candidacy for Biologics in Hidradenitis Suppurativa.” *Am J Clin Dermatol*. 2022 Aug 5. doi: 10.1007/s40257-022-00711-1. Epub ahead of print. PMID: 35930133.
11. Shih T, Lee K, Grogan T, De DR, **Shi VY**, Hsiao JL. “Infliximab in hidradenitis suppurativa: A systematic review and meta-analysis.” *Dermatol Ther*. 2022 Sep;35(9):e15691. doi: 10.1111/dth.15691. Epub 2022 Jul 18. PMID: 35790062.
12. De DR, Shih T, Fixsen D, Brooks B, Hsiao JL, **Shi VY**. “Biologic use in hidradenitis suppurativa: patient perspectives and barriers.” *J Dermatolog Treat*. 2022 Jul 10:1-3. doi: 10.1080/09546634.2022.2089336. Epub ahead of print. PMID: 35737883.
13. **Shi VY**, Burney W, Shakhbazova A, Pan A, Hassoun LA, Sharma S, Sivamani RK. “The effect of synthetic acetylhexapeptide-8 (AH8) on sebaceous function.” *Int J Cosmet Sci*. 2022 Aug;44(4):477-483. doi: 10.1111/ics.12795. Epub 2022 Jul 8. PMID: 35690997.
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16. Thompson AM, Seivright J, Hsiao JL, **Shi VY**. “Bibliometric analysis of the 50 most cited publications in atopic dermatitis.” *Pediatr Dermatol*. 2022 Jul;39(4):578-583. doi: 10.1111/pde.15027. Epub 2022 May 5. PMID: 35510832.

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17. **Rick JW, Morgan A, De DR, Hsiao JL, Shi VY.** “Allergens and marketing claims of the most popular baby moisturizers: A product analysis.” *J Am Acad Dermatol.* 2022 Apr 27:S0190-9622(22)00700-9. doi: 10.1016/j.jaad.2022.04.034. Epub ahead of print. PMID: 35487334.
18. Hwang J, **Rick J, Hsiao J, Shi VY.** “A review of IL-36: an emerging therapeutic target for inflammatory dermatoses.” *J Dermatolog Treat.* 2022 Apr 26:1-12. doi: 10.1080/09546634.2022.2067819. Epub ahead of print. PMID: 35470744.
19. **Shi VY, Bhutani T, Fonacier L, Deleuran M, Shumack S, Valdez H, Zhang F, Chan GL, Cameron MC, Yin NC.** “Phase 3 efficacy and safety of abrocitinib in adults with moderate-to-severe atopic dermatitis after switching from dupilumab (JADE EXTEND).” *J Am Acad Dermatol.* 2022 Aug;87(2):351-358. doi: 10.1016/j.jaad.2022.04.009. Epub 2022 Apr 16. PMID: 35439608.
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