

# Department of Dermatology

Fall 2023

## Message from the Chair

In case you hadn't heard, Taylor Swift has been breaking records and selling out concerts across the country with her Eras tour, with songs from each of her albums, spanning an "era" of her career. I have a quick confession to make: I am still pronouncing it "E-RAS" in my brain, given that we interact with the ERAS system every year during residency recruitment. Am I the only one in medicine to have thought this?

However, to return to the "era" idea, our personal and professional lives cycle through different periods that ebb and flow.



These cycles contribute to our growth as individuals and as larger communities. What are some of the meaningful "eras" that you identify in your own life? From a departmental standpoint, I feel like we enter a new era with leadership changes, both within the department itself and sometimes at a higher institutional level. This summer/fall our department has undergone changes with the appointment of a new residency program director, Megan Evans, M.D. Dr. Evans will bring a fresh perspective to our residency leadership and has already established a commitment to honest and transparent communication and advocacy for our residents. I am grateful for her willingness to step in and work in this role. A new "era" for our department comes with its own unique challenges and opportunities. As we say goodbye to colleagues who are pursuing new opportunities, we are excited to welcome others who are interested in developing their potential at UAMS. As we do the work of growing this department, I know we all feel the responsibility to maintain the high standards of excellence with regards to clinical care and resident education. My commitment to each of you remains to continue the quality education of our residents, and to support and advocate for our faculty and staff in Dermatology. In return, I ask from each of you adaptability and grace as we lean in to find new ways to meet the expectations and missions of our department. Do you have some creative ideas? I'd love to hear from you! Email me at scshalin@uams.edu.

Sara Shalin, M.D., Ph.D.
Professor, Dermatology and Pathology
Chair, Dermatology

## Message from the Program Director



Megan S. Evans, M.D., assistant professor of pediatric dermatology, is now serving as residency program director in the Department of Dermatology. Evans completed her medical degree and residency in dermatology at the UAMS College of Medicine, followed by a fellowship in pediatric dermatology at the University of North Carolina in Chapel Hill. She returned to UAMS as an assistant professor in 2020.

"I'm excited to be serving in my new position as Residency Program Director," she said. "Though there is much I'd like to accomplish in the coming years, some of my greatest priorities include promoting resident wellness, maintaining a culture of respect, and supporting the education of our residents through both bedside and formal didactic experiences. I'm looking forward to seeing what the future holds for our residency program and am always looking for ways to improve!"

#### **New Staff Members**

We are thrilled to have **Sharonda Smith** join our team as GME Program Coordinator in the Department of Dermatology.

Please also join us in welcoming **Vickie Easom, LPN**, to our staff in the UAMS Dermatology Clinic.



#### Welcome New Residents!



Abbi Clark, D.O.
PGY-1
Medical School: Kansas City University
College of Osteopathic Medicine



Landon Hope, M.D.
PGY-1
Medical School: Texas Tech University Health
Sciences Center School of Medicine



Alyson McKinnon, M.D.
PGY-1
Medical School: University of Arkansas for
Medical Sciences College of Medicine

## Visiting Student Research Fellow

Caitlyn Dagenet is the new research fellow for Vivian Shi, M.D., for the 2023-2024 academic year. She is originally from Mesa, Arizona. Her bachelor's degree is in nutritional sciences from the University of Arizona, and she is now a medical student at the University of Arizona College of Medicine in Tucson. Dagenet's research interests include hidradenitis suppurativa and atopic dermatitis. She spends her free time reading fiction novels, running long distance and volunteering with guide dogs for the blind.



MEFFA Grant for Dermatology Resident



The board for the Medical Education Foundation for Arkansas approved a grant proposal from dermatology resident **Austin Morgan, M.D.**, PGY-3, to run skin biopsy workshops at their meeting. Congratulations, Austin!

#### **Recent Publications**

- 1. Davis A, **Zoumberos N**, Guram M, **Evans MS**. Evolving red papule in a patient with oculocutaneous albinism. *Pediatr Dermatol*. 2023;40(3):553-555. doi:10.1111/pde.15177
- 2. Drolshagen H, Chandler B, **Evans MS**. Hyperpigmented Papules on the Tongue of a Child. Cutis. 2023 Jan;111(1):13-23. doi: 10.12788/cutis.0680. PMID: 36947769.
- 3. Yamanaka-Takaichi M, Revankar R, Shih T, Gall M, Hsiao JL, **Shi VY**, Alavi A. Expert consensus on priority research gaps in dietary and lifestyle factors in hidradenitis suppurativa: a Delphi consensus study. Arch Dermatol Res. 2023 Sep;315(7):2129-2136. doi: 10.1007/s00403-023-02610-9. Epub 2023 Mar 23. PMID: 36951970.
- 4. Shih T, Lee K, Aleshin M, Bennett R, Mayo T, Okoye GA, Villa N, Sayed CJ, **Shi VY**, Hsiao JL. A practical guide to starting a hidradenitis suppurativa specialty clinic. JAAD Int. 2023 Feb 15;11:117-120. doi: 10.1016/j.jdin.2023.01.021. PMID: 36950265; PMCID: PMC10024999.
- 5. Shih T, De DR, Rick J, **Shi VY**, Hsiao JL. Low Rates of Psychosocial Screening and Lifestyle Counseling in Hidradenitis Suppurativa Patients in the USA. Skin Appendage Disord. 2023 Mar;9(2):94-98. doi: 10.1159/000528253. Epub 2023 Jan 5. PMID: 36937161; PMCID: PMC10015644.
- 6. Masson R, Parvathala N, Ma E, Shih T, Atluri S, Sayed CJ, Hogeling M, **Shi VY**, Hsiao JL. Efficacy of procedural treatments for pediatric hidradenitis suppurativa: A systematic review. Pediatr Dermatol. 2023 Jul-Aug;40(4):595-605. doi: 10.1111/pde.15331. Epub 2023 Apr 24. PMID: 37092729.
- 7. Cornejo KM, Hutchinson L, O'Donnell P, Meng X, Tomaszewicz K, **Shalin SC**, Cassarino DS, Chan MP, Quinn TR, Googe PB, Nazarian RM. Molecular Profiling of Syringocystadenocarcinoma Papilliferum Reveals RAS-Activating Mutations. Arch Pathol Lab Med. 2023 Apr 20. doi: 10.5858/arpa.2022-0474-OA. Epub ahead of print. PMID: 37074845.
- 8. Davis A, **Zoumberos N**, Guram M, **Evans MS**. Evolving red papule in a patient with oculocutaneous albinism. Pediatr Dermatol. 2023 May-Jun;40(3):553-555. doi: 10.1111/pde.15177. PMID: 37212733.
- 9. Masson R, Shih T, Park S, De DR, Gierbolini A, Alavi A, Garg A, Micheletti RG, **Shi VY**, Hsiao JL. Patient Perspectives on Hidradenitis Suppurativa and Infertility: A Survey Study.

- 10. Masson R, Seivright J, Shih T, Bennett RG, Hogeling M, **Shi VY**, Hsiao JL. Trimethoprim/sulfamethoxazole and cephalexin combination therapy in hidradenitis suppurativa patients: A series of 16 cases. JAAD Case Rep. 2023 May 5;37:1-4. doi: 10.1016/j.jdcr.2023.04.025. PMID: 37332359; PMCID: PMC10275732.
- 11. De DR, Rick JW, Shih T, Hsiao JL, Hamzavi I, **Shi VY**. COVID-19 Infection in Hidradenitis Suppurativa Patients: A Retrospective Study. Skin Appendage Disord. 2023 Jun;9(3):203-206. doi: 10.1159/000529462. Epub 2023 Mar 9. PMID: 37325275; PMCID: PMC10025363.
- 12. Nymeyer H, Nedosekin D, **Wong HK**. The effect of comorbid autoimmune gastrointestinal diseases on time to resolution of pyoderma gangrenosum: A retrospective review. JAAD Int. 2023 Apr 29;12:58-59. doi: 10.1016/j.jdin.2023.04.008. PMID: 37274385; PMCID: PMC10236163.
- 13. Chandler BM, Drolshagen H, **Zoumberos N**, **Evans MS**. Scalp Nodule Associated With Hair Loss. *Cutis*. 2023;111(5):244-253. doi:10.12788/cutis.0770
- 14. Ly S, Guram M, **Zoumberos N, Kincannon J, Evans MS**. Annular erythema of infancy: A rare and challenging diagnosis [published online ahead of print, 2023 Jan 4]. *Pediatr Dermatol*. 2023;10.1111/pde.15238. doi:10.1111/pde.15238
- 15. Dreher K, Rick JW, Nymeyer H, **Evans MS**. Multiple Hyperpigmented Lesions in a Young Girl. Pediatr Rev. 2023 Jan 1;44(1):33-36. doi: 10.1542/pir.2021-005106. PMID: 36587023.
- 16. Masson R, Ma E, Parvathala N, Shih T, Atluri S, Hogeling M, Hughes M, Sayed CJ, **Shi VY**, Hsiao JL. Efficacy of medical treatments for pediatric hidradenitis suppurativa: A systematic review. Pediatr Dermatol. 2023 Aug 1. doi: 10.1111/pde.15404. Epub ahead of print. PMID: 37525978.
- 17. Silverberg JI, **Shi VY**, Alexis A, Pierce E, Cronin A, McLean RR, Roberts-Toler C, Rueda MJ, Atwater AR, Simpson E. Racial and Ethnic Differences in Sociodemographic, Clinical, and Treatment Characteristics Among Patients with Atopic Dermatitis in the United States and Canada: Real-World Data from the CorEvitas Atopic Dermatitis Registry. Dermatol Ther (Heidelb). 2023 Sep;13(9):2045-2061. doi: 10.1007/s13555-023-00980-6. Epub 2023 Jul 22. PMID: 37481484; PMCID: PMC10442294.
- 18. Fragoso NM, Masson R, Gillenwater TJ, **Shi VY**, Hsiao JL. Emerging Treatments and the Clinical Trial Landscape for Hidradenitis Suppurativa Part I: Topical and Systemic Medical Therapies. Dermatol Ther (Heidelb). 2023 Aug;13(8):1661-1697. doi: 10.1007/s13555-023-00956-6. Epub 2023 Jul 4. PMID: 37402031; PMCID: PMC10366071.
- 19. Fragoso NM, Masson R, Gillenwater TJ, **Shi VY**, Hsiao JL. Emerging Treatments and the Clinical Trial Landscape for Hidradenitis Suppurativa-Part II: Procedural and Wound Care Therapies. Dermatol Ther (Heidelb). 2023 Aug;13(8):1699-1720. doi: 10.1007/s13555-023-00957-5. Epub 2023 Jul 4. PMID: 37402030; PMCID: PMC10366058.
- 20. Ly S, Guram M, **Zoumberos N, Kincannon J, Evans MS**. Annular erythema of infancy: A rare and challenging diagnosis. Pediatr Dermatol. 2023 Jul-Aug;40(4):681-687. doi: 10.1111/pde.15238. Epub 2023 Jan 4. PMID: 36599189.

21. Masson R, Shih T, Jeong C, **Shi VY**, Hsiao JL. Hormonal Treatments in Hidradenitis Suppurativa: A Systematic Review. J Drugs Dermatol. 2023 Aug 1;22(8):785-794. doi: 10.36849/jdd.7325. PMID: 37556513.

