

Taren Swindle, Ph.D.

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I. BIOSKETCH

Taren M. Swindle is an Assistant Professor in Family and Preventive Medicine within the College of Medicine at the University of Arkansas for Medical Sciences. Broadly, her research program focuses on understanding and improving health and developmental outcomes for children impacted by poverty. Dr. Swindle has a particular focus on obesity prevention and nutrition promotion for young children in low-income families. Her work to date has focused on the early childcare setting as a key context for obesity prevention and nutrition intervention. She is interested in increasing adoption of evidence-based practices and interventions in community settings such as this through application of Implementation Science. She received her Ph.D. in Educational Psychology and Research from the University of Memphis.

II. EDUCATION

Ph.D.	Educational Psychology and Research	University of Memphis, Memphis, TN	2010 – 2013
M.S.	Clinical Nutrition	University of Arkansas for Medical Sciences, Little Rock, AR	2014 – 2017
M.S.	Human Development and Family Science	Oklahoma State University, Stillwater, OK	2008 – 2009
B.A.	Psychology, <i>Summa Cum Laude</i>	Harding University, Searcy, AR	2005 – 2008

III. CURRENT POSITION

Assistant Professor	2014 –
Research and Evaluation Division	
Department of Family and Preventive Medicine	2014 –
Department of Pediatrics	2019–
College of Medicine	
Department of Health Behavior and Health Education	2016 –
College of Public Health	
University of Arkansas for Medical Sciences, Little Rock, AR	
Affiliate Faculty	2017 -
Department of Food Science and Human Nutrition	
College of Health and Human Sciences	
Colorado State University, Fort Collins, CO	

IV. ACADEMIC AND PROFESSIONAL POSITIONS

Instructor Department of Family and Preventive Medicine University of Arkansas for Medical Sciences Little Rock, AR	2013 – 2014
Research Associate Department of Family and Preventive Medicine University of Arkansas for Medical Sciences Little Rock, AR	2011 – 2013
Research Assistant Department of Family and Preventive Medicine University of Arkansas for Medical Sciences Little Rock, AR	2010 – 2011
Research Contractor Partners for Inclusive Communities University of Arkansas for Medical Sciences Little Rock, AR	2010
Graduate Research Assistant Department of Human Development and Family Science Oklahoma State University Stillwater, OK	2008 – 2009
Research and Teaching Assistant Department of Psychology Harding University Searcy, AR	2007 – 2008
McNair Research Scholar Harding University Searcy, AR	2006 – 2008

V. FUNDED RESEARCH

A. Currently Active Support

NIH R21 CA237985 (Swindle & Bellows, PI) 03/01/2020- 2/28/2022
Sustainability of Nutrition and Physical Activity Interventions in Childcare. This R21 project will identify factors associated with sustaining nutrition/PA programs in childcare settings and develop a sustainability strategy in partnership with stakeholders.
Role: Principal Investigator, 20% effort
Total award: \$420,025

NIH R03 DK117197 (Swindle, PI) 01/03/2019-012/31/2020

Deimplementation of Detrimental Feeding Practices in Childcare. This R03 project will develop and test strategies to stop the use of detrimental feeding practices by early childhood educators.

Role: Principal Investigator, 20% effort

Total award: \$227,899

NIH K01 DK110141 (Swindle, PI) 07/01/2016-06/31/2020

Developing and Testing Implementation Strategies for Evidence-Based Obesity Prevention in Childcare. This K01 career development award provides training in implementation science, community nutrition and community engagement. The research includes the development and testing of an implementation support strategy to improve adoption and maintenance of evidence-based practices for nutrition promotion by early childhood educators.

Role: Principal Investigator, 75% effort

Total award: \$442,775

USDA OSQR 6026-51000-012-06S Adams (PI) 7/01/2019-6/30/2024

Arkansas Children's Nutrition Center. This is a USDA Agriculture Research Service funded Human Nutrition Research Centers Program. This Center Grant uses animal models and clinical studies to determine the effects of early diet and nutritional status on child growth, development and disease prevention. I lead sub-objectives on two project plans.

1. *Antenatal Factors Impacting Obesity and Metabolism in Children.* This project investigates mechanisms of maternal obesity-induced fetal programming in prospective, longitudinal studies (including during the pre-conception period). Andres, A (Lead Investigator).

Role: Co-Investigator

2. *Pediatric Physical Activity: Mechanisms Impacting Health and Development.* This project investigates the effect of physical activity, fitness levels and protein requirements on health and development in children. Børsheim, E (Lead Investigator).

Role: Co-Investigator

Total award: ca \$7,700,000; Total sub-award: ca \$540,000

Lincoln Health Foundation (Rutledge, PI) 09/01/2014-10/31/2020

WISE: Together, We Inspire Smart Eating. The purpose of this project is to translate the WISE curriculum to Head Start classrooms in Lincoln Parish, LA and evaluate impact.

Role: Co-Principal Investigator, 5-8% effort

Total award: \$383,481

NIH P20 GM109096 (Weber, PI) 11/01/2019-07/31/2020

Center for Childhood Obesity Prevention. The Center for Childhood Obesity Prevention focuses on developing research infrastructure around the theme of childhood obesity prevention and providing junior investigators with formal mentoring, training and research project funding to help them acquire preliminary data to compete successfully for independent research grant support around this theme.

Role: Peer Mentor

C. Completed Research Support

Grants

Arkansas Bioscience Institute (Swindle, PI) 07/01/2016-06/31/2019

This project enhances the K01 by (a) expanded training opportunities, (b) providing biostatistics support, (c) providing a research assistant, (d) purchasing equipment (d) improving incentives for research participants, and (c) expanding the cluster-randomized trial from 20 to 30 classrooms. This award also provided support to augment the related R03 proposal by launching collaborations with stakeholder to prioritize strategies to test for deimplementation of detrimental feeding practices.

Role: Principal Investigator

Total award: \$137,802

NIH P20 GM109096 (Swindle, PI) 01/01/2018-06/31/2019

Supporting Implementation of Obesity Prevention Practices in Childcare. This COBRE pilot project will enhance the K01 by: (a) enhancing the real-time processing of information gathered from stakeholders, (b) adding a baseline assessment of ECE Feeding Practices, and (c) supporting the expansion of the cluster-randomized trial from 30 to 41 classrooms.

Role: Principal Investigator, 10% effort

Total award: \$59,336

Oklahoma State University, Endowed Professorship (Harrist, PI) 01/01/2016 -5/31/2017

Where are They Now? Parenting and Peer Factors in Obesity Development through Adolescence This project collected follow-up data on children in the original FiSH project. We will use this data to analyze early parenting and peer variables using longitudinal multilevel modeling to determine factors impacting weight-related outcomes through childhood into mid-adolescence.

Role: Co-Investigator

Total award: \$65,491

KL2TR000063/ UL1TR000039 (Swindle, PI) 08/01/2014-12/31/2016

Community-Based Early Childhood Obesity Prevention. This mixed methods study aimed to understand early educators' nutrition history, perceived role in child nutrition, and potential impact on child dietary behaviors.

Role: Principal Investigator, 75% effort; 5% Extension through 12/31/16

Total award: \$179,917

USDA 2011-68001-30014 (Nayga, PI) 02/01/2011-01/31/2016

Interventions for Obesity Prevention Targeting Young Children in At-Risk Environments: An Integrated Approach. The project developed and examined interventions for obesity prevention targeting young children in at-risk environments.

Role: Co- Investigator, 13- 75% effort

Total award: \$4,776,312

Arkansas Biosciences Institute (Thomsen, PI) 07/01/2013-06/30/2015

Effect of Food, Home, and Community Environments on Early Childhood Obesity. The project linked child BMI with family interviews on key constructs related to child development and neighborhood characteristics by utilizing the national Geographic Information Systems.

Role: Co-Investigator, 10-22% effort

Total sub-award: \$49,134

R15 HD075229 (Nail, PI) 07/01/2014-06/30/2015

Decreasing Bullying with Self-Affirmation: A Test of the Compensation Model. The aim of this project was to develop, implement, and evaluate a self-affirmation bullying intervention among middle school students.

Role: Analytic Consultant, 8% effort

Total award: \$286,550

Contracts

Louisiana Tech University 08/01/2016 – 07/31/2017

Bull Dog Book Club. This aim of this project was to increase children's literacy and health through provision of books and educational support materials to Head Start families.

Role: Analytic Consultant

Contract amount: \$1,500

Oklahoma State University 10/01/2013-01/30/2015

Families and Schools for Health (FiSH) Analysis. This contract included analysis and dissemination of data collected during the FiSH project period

Role: Analytic Consultant

Contract amount: \$7,920

University of Central Arkansas 9/01/2013-10/30/2014

Structural Equation Modeling Curriculum for Graduate Level Counseling Psychology. The purpose of this contract was to instruct UCA faculty in SEM and to design 8 mini-lessons to be introduced into existing curricula.

Contract amount: \$1,000

Equipment Awards

University of Arkansas for Medical Sciences 3/20/2019

Veggie Meter. This grant allowed us to purchase a Resonance Raman Spectroscopy Scanner to measure carotenoid levels in the skin.

Total award: \$25,000

VI.

A. Peer Reviewed Published Manuscripts

1. Varghese, F.P., Skaggs, S., Christie, C., Mark, D., **Swindle, T.**, Anderson, E., & Sandlin, L. (In Press). Employment perceptions of parolees: The role of barriers and criminal thinking. *International Journal of Offender Therapy and Comparative Criminology*
2. Kopparapu, A., Sketas, G.,* & **Swindle, T.** (2020). Food insecurity in primary care: Patient perception and preferences. *Family Medicine: 52*(3), 202-205. doi: 10.22454/FamMed.2020.964431
3. Ward, W., **Swindle, T.**, Kyzer, A., Edge N., Sumrall, J.,* & Whiteside-Mansell, L. (2020). Maternal depression: Relationship to food insecurity and preschooler fruit/vegetable consumption. *International Journal of Environmental Research and Public Health: 17* (1), 123. 1- 10. doi: 10.3390/ijerph17010123
4. **Swindle, T.**, Phelps, J., Schrick, B., Selig, J., Kopparapu, A., & Johnson, S. (2019). Identifying a fine line between Food Insecurity and Food Acquisition Stress: A mixed methods exploration. *Journal of Hunger and Environmental Nutrition.* 1-19. doi: 10.1080/19320248.2019.1697407
5. Barnett, T. M, Thorne, N., Coles, D. C., & **Swindle, T.** (2019). The role of family: Understanding the childhood and current family environment of early care and education teachers. *Journal of Education and Human Development: 8* (3), 25-34. doi: 10.15640/jehd
6. Whiteside-Mansell, L., **Swindle, T.** & Davenport, K (2019). Evaluation of “Together, We Inspire Smart Eating” (WISE) nutrition intervention for young children: Assessment of fruit and vegetable consumption with parent reports and measurements of skin carotenoids as biomarkers. *Journal of Hunger & Environmental Nutrition.* 1-11. <https://doi.org/10.1080/19320248.2019.1652127>
7. **Swindle, T.**, Johnson, S. L., Davenport, K., Whiteside-Mansell, L., Thirunavukarasu, T.,* Sadasavin, G.,* & Curran, G. M. (2019). A mixed-methods exploration of barriers and facilitators to evidence-based practices for obesity prevention in Head Start. *Journal of Nutrition Education and Behavior: 51*(9), 1067-1079. PMID: PMC6788974
8. Whiteside-Mansell, L., **Swindle, T.**, & Selig, J. (2019). Together We Inspire Smart Eating: An examination of implementation of a WISE curriculum for obesity prevention in children 3 to 7 years. *Global Pediatric Health: 6*, 1-8. PMID: PMC6691658
9. Rutledge, J. M., Harrist, A. W., Hubbs-Tait, L., Topham, G. L., Larzelere, R. E., Shriver, L. H., & **Swindle, T.**, (2019). Longitudinal study of parenting style and child weight with

moderation by American Indian Ethnicity. *Parenting: Science and Practice*: 19, 1-26. doi: 10.1080/15295192.2019.1642083

10. **Swindle, T.**, Curran, G., & Johnson, S. (2019). Implementation Science and Nutrition Education and Behavior: Opportunities for integration. *Journal of Nutrition Education and Behavior*: 51(6), 763 -774.e1. PMID: PMC6904925
11. McKelvey, L. M., Saccente, J. E.*, & **Swindle, T.** (2019). Adverse Childhood Experiences in infancy and toddlerhood predict obesity and health outcomes in middle childhood. *Childhood Obesity*. 15(3), 206 -215. PMID: 30762431
12. Wolfenden, L., Kingsland, M., Grady, A., Williams. C.M., Nathan, N., Sutherland, R., Wiggers, J., Jones, J., Hodder, R., Finch, M., McFadyen, T., Bauman, A., Rissel, C., Milat, A., **Swindle, T.**, Yoong., S.L. (2019). Identifying opportunities to develop the science of implementation for community-based non-communicable disease prevention: A review of implementation trials. *Preventive Medicine*. 118, 279-285. PMID: 30468794.
13. Whiteside-Mansell, L., & **Swindle, T.** (2019). Evaluation of Together We Inspire Smart Eating: Preschool fruit and vegetable consumption. *Health Education Research*, 34(1), 62-71. PMID: PMC6315109
14. **Swindle, T.**, Sigman-Grant, M., Branen, L.J., Fletcher, J., & Johnson, S.L. (2018). About Feeding Children: Factor structure and internal reliability of a survey to assess mealtime strategies and beliefs of early childhood education teachers. *International Journal of Behavioral Nutrition and Physical Activity*, 15(85). PMID : PMC6131865
15. **Swindle, T.** & Phelps, J. (2018). How does context relate to nutrition promotion and mealtime practice in early care and education settings? A qualitative exploration. *Journal of the Academy of Nutrition and Dietetics*, 118(11), 2081-2093. PMID: PMC6481932
16. **Swindle, T.**, Selig, J., Rutledge, J.M., Whiteside-Mansell, L., & Curran, G. (2018). Fidelity monitoring in complex interventions: A case study of the WISE intervention. *Archives of Public Health*, 76 (53), 1-10. PMID: PMC6114253
17. Conners Edge, N.A., Rose, A., Honeycutt, D., McKelvey, L. **Swindle, T.**, Courson, D. & Forsman, J.A. (2018). Implementation of Arkansas's initiative to reduce suspension and expulsion of young children. *Journal of Early Intervention*, 40 (4), 317– 334. doi: 10.1177/1053815118789177
18. **Swindle, T.**, Ward, W, & Whiteside-Mansell, L. (2018). Facebook: The use of social media to engage parents in a pre-school obesity prevention curriculum. *Journal of Nutrition Education and Behavior*, 50 (1), 4-10. PMID: PMC5769705[†]

[†]Among the most read articles for JNEB in 2019; 561 requests for the full-text article

† Among the most read articles for JNEB in 2018; 484 requests for the full-text article

19. **Swindle, T.**, Fitzgerald, S., McKelvey, L.M., & Whiteside-Mansell, L. (2018). Application of non-inferiority tests to address the food insecurity - obesity relationship children. *The Journal of Hunger and Environmental Nutrition*. PMID: PMC6428201
20. **Swindle, T.**, Jarrett, D., McKelvey, L., Whiteside-Mansell, L., Connors Edge., N., & Kraleti, S. (2017). Test of a conceptual model to explain television exposure of Head Start children. *Clinical Pediatrics*, 57(8):970-980. PMID: PMC5938149
21. **Swindle, T.**, Johnson, S.L., Whiteside-Mansell, L., & Curran, G. (2017). A mixed methods protocol for developing and testing implementation strategies for evidence-based obesity prevention in childcare: A cluster randomized hybrid type III trial. *Implementation Science*. 12(90). PMID: PMC5516351
22. **Swindle, T.**, Rutledge, J., Dix, B. & Whiteside-Mansell, L. (2017). Table Talk: Development of an observational tool to assess verbal communications in early care and education settings. *Public Health Nutrition*, 20 (16), 2869-2877. PMID: PMC6559738
23. Harrist, A.W., Hubbs-Tait, L., Topham, G., Shriver, L. & **Swindle, T.** (2017). Psychosocial factors in child obesity: Examples from an innovative line of inquiry. *Child Development Perspectives*. 11(4), 275-281. PMID: PMC5693230
24. Whiteside-Mansell, L. & **Swindle, T.** (2017). Together We Inspire Smart Eating: A Preschool WISE curriculum for obesity prevention in low-income families. *Journal of Nutrition Education and Behavior*, 49 (9) 789-792. PMID: PMC5632587[†]
[†]Awarded Outstanding Great Educational Material (GEM) for 2018
25. **Swindle, T.**, Patterson, Z., & Boden McGill, C. (2017). A qualitative application of the Belsky Model to explore early care and education teachers' mealtime history, beliefs, and teaching interactions. *Journal of Nutrition Education and Behavior*, 49(7), 568-578. PMID: PMC5518700
26. **Swindle, T.**, Ward, W., Bokony, P., & Whiteside-Mansell, L. (2016). A cross-sectional study of early childhood educators' childhood and current food insecurity and dietary intake. *Journal of Hunger and the Environment*, 12, 1-15. PMID: PMC5875990
27. Simon, J., Nail., P., **Swindle, T.**, Bihm, E., & Joshi, K. (2016). Defensive egotism and self-esteem: A cross-cultural examination of the dynamics of bullying in middle school. *Self and Identity*, 1-28.doi: 10.1080/15298868.2016.1232660

28. Harrist, A.W. **Swindle, T.**, Topham, G., Hubbs-Tait, L., Shriver, L., & Page, M (2016). The social and emotional lives of overweight, obese, and severely obese children. *Child Development*, 87(5), 1564 – 1580. doi:10.1111/cdev.12548
29. McKelvey, L. M., Whiteside-Mansell, L., Conners-Burrow, N.A., **Swindle, T.**, & Fitzgerald, S. (2016). Assessing adverse experiences from infancy through early childhood. *Child Abuse and Neglect*, 51, 295-302. doi: 10.1016/j.chiabu.2015.09.008
30. **Swindle, T.**, & Rutledge, J. M. (2016). Health and families. In C. Shehan (Ed.) *The Wiley Blackwell Encyclopedia of Family Studies, Volume II* (pp. 1023-1024). Hoboken, NJ: Wiley-Blackwell doi:10.1002/9781119085621.wbef166
31. Rutledge, J.M. & **Swindle, T.** (2016). Permissive parenting. In C. Shehan (Ed.) *The Wiley Blackwell Encyclopedia of Family Studies, Volume III* (pp. 1576-1577). Wiley-Blackwell. doi: 10/1002/9781119085621.wbef027
32. Kyzer, A., Whiteside-Mansell, L., McKelvey, L., & **Swindle, T.** (2016). Supporting family engagement in home visiting with the Family Map Inventories. *Infants & Young Children*, 29(1), 37-52. PMID: PMC4677823
33. Conners-Burrow, N., **Swindle, T.**, McKelvey, L., & Bokony, P. (2015). A little bit of the blues: Low-level symptoms of maternal depression and classroom behavior problems in preschool children. *Early Education and Development*. 26(2), 230-244. doi: 10.1080/10409289.2015.979725
34. Larzelere, R., Cox, R., & **Swindle, T.** (2015). Many replications do not causal inferences make: The need for critical replications to test competing explanations of non-randomized studies. *Perspectives on Psychological Science*, 10(3), 380-389. doi: 10.1177/1745691614567904
35. **Swindle, T.**, Shapley, K., Kyzer, A., Cheerla, R., & Whiteside-Mansell, L. (2015). Familial risk in low-income children with chronic illness exposed to passive smoke. *Clinical Pediatrics*. 54(9):840-6. PubMed PMID: 26063757.
36. Ward, W. L., **Swindle, T.**, Kyzer, A., Whiteside-Mansell, L. (2015). Low fruit/vegetable consumption in the home: Cumulative risk factors in early childhood. *Early Childhood Education Journal*, 43 (5), 417-425. doi: 10.1007/s10643-014-0661-6
37. **Swindle, T.**, Ward, W. L., Bokony, P.A., Pettit, D., & Whiteside-Mansell, L. (2014). Technology use and preference by low-income parents of young children: Differences by age group and ethnicity. *Journal of Nutrition Education and Behavior*, 46 (6), 484-490. doi: 10.1016/j.jneb.2014.06.004

38. **Swindle, T.**, Ward, W. L., Whiteside-Mansell, L., Brathwaite, J. *, Bokony, P.A., Conners-Burrow, N, & McKelvey, L.M. (2014). Pediatric nutrition: Parenting impacts beyond financial resources. *Clinical Pediatrics*, 53, 793-795. doi 10.1177/0009922813505904
39. Conners-Burrow, N, McKelvey, L., Kyzer, A, **Swindle, T.**, Cheerla, R., Kraleti, S. (2013) Violence exposure as a predictor of internalizing and externalizing behavior problems among children of substance abusers. *Journal of Pediatric Nursing*, 28(4), 340-350. doi:10.1016/j.pedn.2012.11.006
40. Larzelere, R.E, **Swindle, T.**, & Johnson, B.R. (2013). Swedish trends in criminal assaults against minors since banning spanking, 1981-2010. *International Journal of Criminology and Sociology*, 2, 129-137. doi: 10.6000/1929-4409.2013.02.13
41. Bokony, P.A., Whiteside-Mansell, L., **Swindle, T.**, & Waliski, A.D. (2013). Increasing parent-teacher communication in private preschools serving low-income families. The Special Issue on Parent Involvement and Engagement in Head Start for *Dialog: The Research-to-Practice Journal for the Early Childhood Field*, 16 (1), 45-64.
42. McKelvey, L.M., Bokony, P., Johnson, D., Whiteside-Mansell, L., Burrow, N., & **Swindle, T.** (2013). Family engagement: Establishing a system to support the parent-teacher partnership. The Special Issue on Parent Involvement and Engagement in *Head Start for Dialog: A Research-to-Practice Journal for the Early Childhood Field*, 16 (1), 171-175.
43. Bokony, P.A., Whiteside-Mansell, L., & **Swindle, T.** (2013). Family Map Inventory and TIPS for Great Kids!: Tools for increasing parent-teacher communication. The Special Issue on Parent Involvement and Engagement in Head Start for *Dialog: The Research-to-Practice Journal for the Early Childhood Field*, 16 (1), 183-188.
44. Whiteside-Mansell, L., Johnson, D., Bokony, P., McKelvey, L., Burrow, N., & **Swindle, T.** (2013). Supporting family engagement with parents of infants and Toddlers. The Special Issue on Parent Involvement and Engagement in Head Start for *Dialog: The Research-to-Practice Journal for the Early Childhood Field*, 16 (1), 20-44.
45. **Swindle, T.** Whiteside-Mansell, L., McKelvey, L. (2013). Food Insecurity: Validation of a two-item screen using convergent risks. *Journal of Child and Family Studies*. 22 (7), 932-941. doi:10.1007/s10826-012-9652-7

46. McKelvey, L.M., Bokony, P.A, **Swindle, T.**, Connors-Burrow, N.A., Schiffman, R.F., & Fitzgerald, H.E. (2011). Father teaching interactions with toddlers at risk: Impacts on child cognitive outcomes. *Family Science*, 2(2), 146-155. doi:10.1080/19424620.2011.637710

*Denotes trainee

B. Peer Reviewed Published Abstracts

1. Rutledge, J., Percle, P.,* & Swindle, T. (2019). Modification of a preschool nutrition education curriculum for use in special education classrooms. *Journal of Nutrition Education and Behavior*, 51(7), S69.
2. Whiteside-Mansell, L., Johnson, D., & **Swindle, T.** (2019). Predictors of CNP nutrition-related engagement with families. *Journal of Nutrition Education and Behavior*, 51(7), S25.
3. Hinsley, J.,* Phelps, J., Maddox, T., **Swindle, T.**, & Ward, W. (2019). Best practices in sensory-based food play therapy: An investigation to establish a standardized intervention for improving food acceptance among preschool-aged children. *Current Developments in Nutrition*, 3(1), P16-042-19.
4. **Swindle, T.**, Rutledge, J., & Percle, P.* (2018). Measuring feeding practices in early care and education: Development of direct and indirect approaches. *Journal of Nutrition Education and Behavior*, 50(7), S162.
5. Whiteside-Mansell, L., **Swindle, T.**, & Johnson, D. (2017). WISEly improving preschoolers fruit and vegetable consumption at home. *Journal of Nutrition Education and Behavior*, 49(7), S128-S129. doi: 10.1016/j.jneb.2017.05.082
6. **Swindle, T.**, Patterson, Z., Ward, W., & Whiteside-Mansell, L. (2016). “Fill their belly or expose them to new foods?”: A qualitative study of early educators’ nutrition experiences and beliefs. *Journal of Nutrition Education and Behavior*, 48(7), S103. doi:10.1016/j.jneb.2016.04.272
7. **Swindle, T.**, Rutledge, J., & Whiteside-Mansell, L. (2016). Mealtime interaction styles of early childhood educators. *Journal of Nutrition Education and Behavior*, 48(7), S51.
8. **Swindle, T.**, & Whiteside-Mansell, L. (2015). Educator interactions at Head Start lunches: A context for nutrition education. *Journal of the Federation of American Societies for Experimental Biology*, 29(1 Supplement), 731-2.
9. **Swindle, T.**, & Whiteside-Mansell, L. (2015). Convergent validity of Resonance Raman Spectroscopy in three to five year old children. *Journal of Nutrition Education and Behavior*, 47(4), S92.

10. **Swindle, T.**, Rutledge, J., Shriver, L., Hubbs-Tait, L., Topham, G., & Harrist, A. (2015). Maternal perception of weight and child actual weight across time. *Journal of Nutrition Education and Behavior*, 47(4), S37-S38.
11. **Swindle, T.**, & Whiteside-Mansell, L. (2015). WISE in the Head Start classroom: Impacts on educator behaviors. *Journal of Nutrition Education and Behavior*, 47(4), S93.
12. **Swindle, T.**, & Whiteside-Mansell, L. (2014). Structured food experiences: A preliminary evaluation of the WISE curriculum. *Journal of Nutrition Education and Behavior*, 46(4), S133.
13. **Swindle, T.**, Whiteside-Mansell, L., Bokony, P., & Ward, W. (2014). Nutrition experiences of early childhood educators: Current and retrospective reports. *Journal of Nutrition Education and Behavior*, 46(4), S172.
14. **Swindle, T.**, Harrist, A. W., Rutledge, J. M., Topham, G. L., Hubbs-Tait, L., Shriver, L. H., & Page, M. C. (2014). Classroom intervention to decrease peer rejection improves obese children's BMI over time. *Journal of Nutrition Education and Behavior*, 46(4), S133.
15. Harrist, A.W., Cui, L., **Swindle, T.**, Page, M.C., Hubbs-Tait, L.; Topham, G., (2012). Are obese and overweight children disliked in 1st grade? Teacher and classmate ratings. *The Journal of the Federation of American Societies for Experimental Biology*, 26, 374.7.

C. Non Peer Reviewed Publications

1. **Swindle, T.**, Chapin-Critz, M., Whiteside-Mansell, L., Ward, W., Bokony, P., White, M., & Currey, M. (2013). No More Food Fuss!: Helping Parents Introduce Fruits and Veggie Habits. *Brochure disseminated to Arkansas Head Start Parents and parents of children presenting with overweight at Arkansas Children's Hospital.*
2. **Swindle, T.**, Chapin-Critz, M., Ward, W., Whiteside-Mansell, L., Bokony, P., White, M., & Currey, M. (2013). Kid-Friendly Fruit and Veggie Habits for Educators. *Brochure disseminated to Arkansas Head Start Teachers and Administrators.*
3. **Swindle, T.**, Ward, W, & Whiteside-Mansell, L. (2014). Picking Eating: How to Help. *Invited submission to the Parenting in Arkansas, Fall 2014 magazine.*
4. **Swindle, T.** (2018). Networking: Lessons from a First-Generation Scholar. In A. Standlee (Ed.), *On the Borders of the Academy: Challenges and Strategies for First Generation Graduate Students and Faculty*. Syracuse, NY: Syracuse University Graduate School Press

D. Submitted

1. Asirvatham, J., Whiteside-Mansell, L., **Swindle, T.**, Olaoye, M. (Under Review, March 2020). Food insecurity and childhood overweight: Do race and sex matter. *Journal of Child and Family Studies*.
2. **Swindle, T.**, Børsheim, E., Martinez, A.,* & Andres, A. (Under Review, March 2020). Adaptation of an exercise intervention for pregnant women to community-based delivery: A study protocol. *BMJ Open*.
3. **Swindle, T.**, McBride, N., Staley, A.,* Phillips, C.,* Rutledge, J., Martin, J., and Whiteside-Mansell, L. (Under Second Review, April 2020). Pester power: Examining children's influence as an active intervention ingredient. *Journal of Nutrition Education and Behavior*.
4. Topham, G. L., Washburn, I. J., Hubbs-Tait, L., Kennedy, T. S., Rutledge, J. M., Page, M. S., **Swindle, T.**, Shriver, L. H., & Harrist, A.W. (Under Review, February 2020). The Families and Schools for Health Project: A cluster randomized controlled trial targeting overweight and obese children. *International Journal of Obesity*.
5. **Swindle, T.**, McBride, N., Phelps, J., Rutledge, J., Selig, J., & Manyam, S.* (Under Review, March 2020). Table Talk: Revision of an observational tool to characterize the feeding environment in early care and education settings. *Early Childhood Education Journal*
6. Prusaczyk, B., **Swindle, T.**, & Curran, G. (Under Second Review, April 2020). Defining and conceptualizing outcomes for De-implementation: Key distinctions from implementation outcomes. *Implementation Science Communications*.
7. **Swindle, T.**, Rutledge, J.M, Johnson, S., Selig, J., & Curran, G., (Under Second Review, April 2020). De-implementation of detrimental feeding practices in childcare: A pilot protocol. *Pilot and Feasibly Studies*.
8. **Swindle, T.** & Rutledge, J.M. (Under Second Review, April 2020). Measuring feeding practices among early care and education teachers and examining relations with food insecurity. *Appetite*

E. Professional Reports

1. Whiteside-Mansell, L., **Swindle, T.**, & Kyzer, A., (2011). *Family Map Report for Quitman HIPPIY Program*. Summary of Pilot Data to HIPPIY-Family Map pilot program. Little Rock, AR: University of Arkansas for Medical Sciences.

2. Bokony, P.A., McKelvey, L., & **Swindle, T.** (2011). *Responsible Fatherhood Demonstration Program Grantees' Final Evaluation Report*. Little Rock, AR: University of Arkansas for Medical Sciences.

F. Unpublished Thesis and Dissertation

“The Interaction of Sociometric Status, Weight, and Self-Esteem Among First-Grade Children.” Unpublished Master’s thesis. Stillwater, OK: Oklahoma State University, 2009. Thesis Committee: Amanda W. Harrist (chair), Laura Hubbs-Tait, Robert Larzelere, and Lenka Shriver.

“Product of Coefficients and Bootstrapping Estimation Approaches to Multiple Mediation Effects: A Comparison of Cross-Sectional and Longitudinal Research.” Unpublished Dissertation. Memphis, TN: University of Memphis, 2013. Dissertation committee: Terrance Ishitani (chair), Jade Xu, Corinna Ethington, and Ernest Rakow.

VII. SCIENTIFIC PRESENTATIONS

Invited Presentations

1. **Swindle, T.**, Rutledge, J.M., Curran, G., (September, 2019) *What are the design, analysis, methods, and measurement challenges associated with the study of implementation mechanisms?* Case study invited for the Mechanisms Network of Expertise Workshop at the Society for Implementation Collaborative Biannual Conference. Seattle, WA.
2. **Swindle, T.**, Vaughn, A., Tabak, R. & Johnson, S. (July, 2019) *Illustration of Implementation Science across three nutrition education and behavior projects*. General Session invited for presentation to Annual Conference of the Society of Nutrition Education and Behavior, Orlando, FL.
3. **Swindle, T.**, & Whiteside-Mansell, L. (June, 2018) *Together We Inspire Smart Eating: A preschool curriculum for obesity prevention in low-income families*. Invited presentation for Best Great Educational Material (GEM) of the Journal of Nutrition Education and Behavior Award at the Annual Conference of the Society of Nutrition Education and Behavior, Minneapolis, MN.

A. Peer-Reviewed Research Presentations

Oral Presentations

National/International Meetings

1. **Swindle, T.**, McBride, N., Selig, J., Johnson, S., Whiteside-Mansell, L., Davenport, K., Martin, J., & Curran, G. (June, 2020). Results from a cluster-randomized hybrid type III implementation trial of obesity prevention practices in Head Start. In S. Yoong (chair), *Dissemination and implementation research in nutrition and dietetics: How can we improve the translation of evidence-based nutrition interventions and guidelines*. Symposium accepted to the International Society of Behavioral Nutrition and Physical Activity, Auckland, New Zealand. (Conference canceled)
2. Rutledge, J. M., & **Swindle, T.** (June, 2020). Development of the Educator Feeding Survey and impact of food insecurity on feeding style outcomes of early childhood educators. In K. Davison (chair), *Beyond the Child Feeding Questionnaire: Recognizing the impact of Leann Birch (1946 - 2019) on food parenting research*. Symposium accepted to the International Society of Behavioral Nutrition and Physical Activity, Auckland, New Zealand. (Conference canceled)
3. **Swindle, T.**, Rutledge, J. M., Curran, G.M. (2019, September). *What fidelity data don't say: Types of adopters and resisters in an implementation trial in early care and education classrooms*. Oral presented to the Society for Implementation Collaborative Biannual Conference. Seattle, WA.
4. **Swindle, T.**, Johnson, S.L., Rutledge, J. M., (2019, June). *Stakeholder engagement in selecting implementation strategies to support evidence-based feeding practices in childcare*. Oral presentation accepted to the International Society of Behavioral Nutrition and Physical Activity, Prague, Czech Republic.
5. McKelvey, L. M., Fitzgerald, S., Burnett, C., **Swindle, T.**, & Whiteside-Mansell, L. (2018, May). *Exploring longitudinal impacts of adverse childhood experiences on health in middle childhood*. Oral presentation presented to the World Congress of the World Association for Infant Mental Health, Rome, Italy
6. **Swindle, T.**, Whiteside-Mansell, L., Johnson, S.L. & Curran, G.M. (December, 2017). *Leveraging the gap: A mixed methods study employing deviance methodology to understand and improve fidelity to best practices in a childcare nutrition intervention*. In L. Saldanas (chair) and L. Palinkas (discussant), *Innovations in Mixed Methods Analyses: Understanding Complex Dynamics in Implementation from Intervention to Policy*. Paper presented to the 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA.
7. **Swindle, T.**, Phelps, J., Hakkak, R., & Crook, T. (June, 2017). *Organizational characteristics in early education settings related to educator nutrition promotion and mealtime practice: A qualitative exploration*. Paper presentation to the International Society of Behavioral Nutrition and Physical Activity, Victoria, CA.

8. Harrist, A. W., Rutledge, J. M., Hubbs-Tait, L., Shriver, L. H., **Swindle, T.**, & Topham, G. L. (April, 2017). *The peer experiences of severely obese, obese, and overweight school children*. In M. Bookout (chair) and M. Prinstein (discussant), *The positive and negative roles of peer relations in childhood obesity*. Symposium presented to the biennial meeting of the Society for Research in Child Development, Austin, TX.
9. Harrist, A. W., Rutledge, J. M., **Swindle, T.**, Hubbs-Tait, L., Shriver, L. H., & Topham, G. L. (April, 2017). *Can a social intervention in the classroom impact obesity? Results of a randomized controlled trial*. In L. Hubbs-Tait (chair) and B. Fiese (discussant), *Social and cognitive aspects of weight problems: Obesity in school and child care settings*. Symposium presented to the biennial meeting of the Society for Research in Child Development, Austin, TX.
10. Kimble, A.,* Hubbs-Tait, L., **Swindle, T.**, Rutledge, J., Topham, G., Kennedy, T. Shriver, L., & Harrist, A. (April, 2017). *Learning experiences and cognitive self-competence of overweight, obese, and severely obese children in early elementary school*. In L. Hubbs-Tait (chair) and B. Fiese (discussant), *Social and cognitive aspects of weight problems: Obesity in school and child care settings*. Symposium presented to the biennial meeting of the Society for Research in Child Development, Austin, TX.
11. **Swindle, T.**, Curran, G., Patterson, Z., & Whiteside-Mansell, L. (December, 2016). *Observed and self-reported fidelity: The impact of accuracy and frequency of self-report on observed fidelity*. In S. Wiltsey Stirman (chair) and S. Schoenwald (discussant), *Assessing fidelity to evidence-based interventions: How far will different strategies take us?* Panel symposium paper presented to the 9th Annual Conference on the Science of Dissemination and Implementation, Washington, DC.
12. McKelvey, L. M., Edge, N.A., **Swindle, T.**, & Whiteside-Mansell, L. (November, 2016). *Adverse Childhood Experiences and health: Exploring longitudinal impacts in middle childhood*. Paper presented to the 44th Annual Meeting of North American Primary Care Research Group, Colorado Springs, Colorado.
13. Larzelere, R., Mwavita, M., Cox, R., & **Swindle, T.** (May, 2016). *Misleading results from combining prediction of residualized and simple gain score in the same longitudinal analyses*. Paper presented to Modern Methods Annual Conference, Storrs, CT.
14. **Swindle, T.**, Curran, G., Whiteside-Mansell, L., & Ward, W. (December, 2015). *A qualitative assessment of barriers to nutrition promotion and obesity prevention in childcare*. Panel symposium paper presented to the 8th Annual Conference on the Science of Dissemination and Implementation, Washington, DC.
15. McKelvey, L.M., Whiteside-Mansell, L., Connors-Burrow, N.A., **Swindle, T.**, Fitzgerald, S., & Kraleti, S. (October, 2015). *Exploring associations between Adverse Experiences*

and health for children birth to five. Paper presented to the 43rd Annual Meeting of North American Primary Care Research Group, Cancun, Mexico.

16. Whiteside-Mansell, L., **Swindle, T.**, Knight, D., Priyambada, P., Kannam, V. K., & McKelvey, L.M. (October, 2015). *Preventive screening for obesity of children before age 6.* Paper presented to the 43rd Annual Meeting of North American Primary Care Research Group, Cancun, Mexico.
17. Larzelere, R., Mwavita, M., **Swindle, T.**, Cox, R. & Washburn, I., (May, 2015). *Checking robustness of longitudinal results across two types of gain scores.* Paper presented to Modern Methods Annual Conference, Storrs, CT.
18. Larzelere, R., Cox, R., & **Swindle, T.** (May, 2015). *Three steps toward improving causally relevant conclusions from longitudinal studies.* Paper presented to Modern Methods Annual Conference, Storrs, CT.
19. Khatri, N,* **Swindle, T.**, Whiteside-Mansell, L., Knight, K, Jarret, D. (April, 2015). *Recognition of patient obesity by family medicine residents.* Paper presented to the Annual Conference of the Society of Teachers of Family Medicine.
20. Yu, G., Thomsen, M. R., Nayga, R. M., Whiteside-Mansell, L., & Swindle, T. (August, 2013). *The effect of food store access on children's diet quality.* Paper presented to the 2013 Agricultural & Applied Economics Association Annual Meeting Proceedings, Washington, DC.
21. Harrist, A.W., Cui, L., **Swindle, T.**, Page, M.C., Hubbs-Tait, L.; Topham, G., (April, 2012). *Are obese and overweight children disliked in 1st grade? Teacher and classmate ratings.* Paper presented to the Experimental Biology Annual Conference, San Diego, California.

Regional Meetings

1. Whiteside-Mansell, L., **Swindle, T.**, & Johnson, D. (2019, May) *Implementation of a WISE nutrition curriculum: Lessons from the field.* Oral virtual presentation to the National Smart Start Conference sponsored by the North Carolina Partnership for Children. Greensboro, NC.
2. Johnson, D., **Swindle, T.** & Whiteside-Mansell, L, (2019, April). *Implementation of a WISE Nutrition Curriculum: Impacts at home.* Oral presentation to the 2019 Arkansas Public Health Association 71st Annual Meeting, Little Rock, AR.
3. **Swindle, T.**, Phelps, J., Johnson, S. & Schrick, B. (March, 2018). Food insecurity among early childhood educators in Arkansas: A mixed methods study. In J.M. Rutledge (chair)

- and L. Hubbs-Tait (discussant), *Food Insecurity among Early Childhood Educators*. Symposium presented to the biennial meeting of the Society for Research in Human Development, Plano, TX.
4. Rutledge, J. M., & **Swindle, T.** (March, 2018). Development of the Educator Feeding Survey and outcomes related to early childhood educator food insecurity and feeding style. In J.M. Rutledge (chair) and L. Hubbs-Tait (discussant), *Food Insecurity among Early Childhood Educators*. Symposium presented to the biennial meeting of the Society for Research in Human Development, Plano, TX.
 5. Johnson, S., Bellows, L., & **Swindle, T.**, (October, 2016). *Developmentally-Sound nutrition education and activity practices to support young children's adoption of healthy eating and activity behaviors*. Oral presentation to the Annual Child Care Food Program Roundtable Conference, Palm Springs, CA
 6. Johnson, D., **Swindle, T.**, & Whiteside-Mansell, L., (October, 2016). *Wise: Best practices for early educators in nutrition promotion*. Paper presented to the 2016 Head Start Region VI Annual Conference, Oklahoma City, OK.
 7. **Swindle, T.**, Whiteside-Mansell, L., Patterson, Z., & Ward, W. (March, 2016). *Early Educators' Obesity Prevention Beliefs and Practices: An Application of Belsky's Model*. Paper presented to the Society for Research in Human Development Biennial Conference, Denver, CO.
 8. Larzelere, R., **Swindle, T.**, Washburn, I., & Cox, R. (September, 2014). *Two sensitivity tests for longitudinal causal evidence: One new, one ancient*. Symposium Paper presented to the Society for Research in Child Development Developmental Methodology Conference, San Diego, CA.
 9. **Swindle, T.**, Whiteside-Mansell, L., & McKelvey, L. (March, 2012). *Potential mediators of the relationship between neighborhood quality and television exposure*. Paper presented at the Society for Research in Human Development Biennial Conference, New Orleans, Louisiana.
 10. **Swindle, T.**, Harrist, A., Hubbs-Tait, L., Shriver, L., Page, M., & Topham, G. (March, 2010). *The interaction of sociometric status, weight, and self-esteem among first grade children*. Paper presented at the Society for Research in Human Development Biennial Conference, San Antonio, Texas.

Posters

National/International Meetings

1. **Swindle T.**, Rutledge, J.M. & Curran, G., (2019, December). *Stakeholder Engagement in Developing and Testing Deimplementation Strategies for Detrimental Feeding Practices*

- in Childcare*. Poster presented to the Annual Conference on the Science of Dissemination and Implementation. Washington, DC
2. Rutledge, J.M., Percle, P.M.* & **Swindle, T.** (2019, July). Modification of a preschool nutrition education curriculum for use in special education classrooms. Poster presented to the Annual Conference of the Society for Nutrition Education and Behavior, Orlando, Florida.
 3. Whiteside-Mansell, L., Johnson, D.L., **Swindle, T.** (2019, July). *Predictors of CNP nutrition related engagement with families*. Poster accepted to the Annual Conference of the Society for Nutrition Education and Behavior, Orlando, Florida.
 4. Rutledge, J. M., **Swindle, T.**, McBride, N., Selig, J. P., Percle, P. M.*, & Whiteside-Mansell, L. (2019, June). *Home-based health outcomes of a childcare-based nutrition intervention: Pester power examined*. Poster presented to the International Society of Behavioral Nutrition and Physical Activity, Prague, Czech Republic.
 5. Hinsley, J.,* Phelps, J., Maddox, T., **Swindle, T.**, & Ward, W. (2019). Best practices in sensory-based food play therapy: An investigation to establish a standardized intervention for improving food acceptance among preschool-aged children. Poster presented to the American Society for Nutrition, Baltimore, MD.
 6. Rutledge, J. M., **Swindle, T.**, & Percle, P. M.*(2019, March). *TV viewing and parent-initiated reading predict receptive vocabulary outcomes in a preschool literacy intervention*. Poster presented to the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
 7. **Swindle T.** & Curran, G., (2018, December). *Engaging stakeholders in selecting implementation strategies for nutrition promotion in childcare*. Poster presented to the Annual Conference on the Science of Dissemination and Implementation. Washington, DC
 8. **Swindle, T.**, Rutledge, J.M., & Percle, P.M.* (2018, July). *Measuring feeding practices in early care and education: Development of direct and indirect approaches*. Poster presented to the Annual Conference of the Society for Nutrition Education and Behavior. Minneapolis, MN.
 9. **Swindle, T.**, Johnson, D., & Whiteside, L. (2018, July). *Organizational readiness for implementing a nutrition curriculum in early care and education*. Poster presented to the Annual Conference of the Society for Nutrition Education and Behavior, Minneapolis, MN

10. Johnson, D., Whiteside-Mansell, L., & **Swindle, T.** (2018, July). Examination of Usefulness of a Meal Pattern Requirements Knowledge Assessment Tool. Poster presented to the Annual Conference of the Society for Nutrition Education and Behavior, Minneapolis, MN
11. **Swindle T.** (2018, June). *Application of evidence-based quality improvement to design implementation strategies for nutrition promotion in childcare.* Poster presented to the National IDeA Symposium of Biomedical Research Excellence. Washington, DC.
12. McKelvey , L. M., Conners Edge, N.A., **Swindle, T.,** & Whiteside-Mansell, L. (November, 2017). *Exploring longitudinal impacts of adverse childhood experiences on health in middle childhood.* Poster presented to the American Public Health Association 2017 Annual Meeting, Atlanta, GA.
13. Morgan, P.,* Topham, G., Durtschi, J., Harrist, A., Hubbs-Tait, A., & **Swindle T.** (October, 2017). *Relation between children’s self-efficacy and depressive symptoms.* Poster presented to the American Association of Marriage and Family Therapists Conference, Atlanta, GA.
14. Whiteside, L., **Swindle, T.,** & Johnson, D. (July, 2017). *WISEly improving preschoolers Fruit and vegetable consumption at home.* Poster presented to the Annual Conference of the Society for Nutrition Education and Behavior, Washington, DC.
15. **Swindle, T.,** Rutledge, J.M., Curran, G., & Whiteside-Mansell, L (June, 2017). *Educator characteristics that predict implementation fidelity to a nutrition curriculum in Head Start.* Poster presented to the International Society of Behavioral Nutrition and Physical Activity, Victoria, CA.
16. Rutledge, J. M., & **Swindle, T.** (April, 2017). *Parent and child outcomes of a Head Start curriculum featuring sensory exploration and interactive cooking with children.* Poster presented to the biennial meeting of the Society for Research in Child Development, Austin, TX.
17. **Swindle, T.** & Rutledge, J. M. (April, 2017). *Relationship between educator food insecurity and adoption of best practices at mealtime.* Poster presented to the biennial meeting of the Society for Research in Child Development, Austin, TX.
18. **Swindle, T.,** Patterson, Z., Ward, W., & Whiteside-Mansell, L. (July, 2016). “*Fill their belly or expose them to new foods?*”: *A Qualitative Study of Early Educators’ Nutrition Experiences and Beliefs.* Poster presented to the Society for Nutrition Education and Behavior Annual Conference, San Diego, CA.

19. **Swindle, T.**, Rutledge, J. & Whiteside-Mansell, L. (2016, July). *Mealtime interaction styles of early educators*. Poster presented to the Society for Nutrition Education and Behavior Annual Conference, San Diego, CA.
20. McKelvey, L. M., & Conners-Burrow, N., Fitzgerald, S., Whiteside-Mansell, L, **Swindle, T.**, & Kraleti, S. (2016, May). *Exploring associations between adverse experiences and health outcomes for children birth to five*. Poster presented to the 15th World Congress of the World Association for Infant Mental Health, Prague, Czech Republic.
21. **Swindle, T.** Patterson, Z., & Boden-McGill, C. (2016, April). *An exploratory sequential study to develop an assessment of factors influencing implementation of best nutrition practices among early childhood educators*. Poster presented to the annual conference in Translational Science. Washington, DC.
22. Whiteside-Mansell, L., **Swindle, T.**, White, A., Lee, C., Bays, J., Larkin, T., Feild, C. (July, 2016). *Increasing healthy eating during preschool: The WISE food experiences*. Presented to the 2016 Biennial Meeting of the Administration for Children and Families' National Research Conference on Early Childhood, Washington, DC.
23. Whiteside-Mansell, L., McKelvey, L.M, Bays, J., Bradley, R., Conners-Burrow, N.A., & **Swindle, T.** (July, 2016). *Assessing Adverse Childhood Experiences in center-based preschool programs*. Presented to the 2016 Biennial Meeting of the Administration for Children and Families' National Research Conference on Early Childhood, Washington, DC.
24. **Swindle, T.** & Whiteside-Mansell, L. (July, 2015). *Convergent validity of Resonance Raman Spectroscopy in three to five year old children*. Poster presented to the Society for Nutrition Education and Behavior Annual Conference, Pittsburgh, PA.
25. **Swindle, T.** & Whiteside-Mansell, L. (July, 2015). *WISE in the Head Start classroom: Impacts on educator behaviors*. Poster presented to the Society for Nutrition Education and Behavior Annual Conference, Pittsburgh, PA.
26. **Swindle, T.**, Rutledge, J., Shriver, L., Harrist, A., Hubbs-Tait, L., Page, M., & Topham, G. July, 2015). *Maternal perception of weight and child actual weight across time*. Poster presented to the Society for Nutrition Education and Behavior Annual Conference, Pittsburgh, PA.
27. **Swindle, T.** (April, 2015) *Setting the TABLE: Teaching and Bringing Nutrition Learning to Early Education*. Poster presented to Translational Science, Washington, DC.

28. **Swindle, T.**, Ward, W., Whiteside-Mansell, L. (April, 2015). *Together, We Inspire Smart Eating: Curriculum Impacts on Early Educator Behaviors*. Poster presented Society of Pediatric Psychology Annual Conference (SPPAC), San Diego, CA.
29. **Swindle, T.**, & Whiteside-Mansell, L. (March, 2015). *Educator interactions at Head Start lunches: A context for nutrition education*. Poster presented to the annual meeting of Experimental Biology, Boston, MA.
30. Whiteside-Mansell, L., & **Swindle, T.** (July, 2014). *Preliminary evaluation of a structured food experience curriculum in Head Start*. Poster presented to the Head Start Research Conference, Washington D.C.
31. McKelvey, L.M., Whiteside-Mansell, L., Conners-Burrow, N.A., **Swindle, T.**, & Bokony, P.A. (July, 2014). *Risks and Strengths in the home environment of expectant families in home visiting programs*. Poster presented to the Head Start Research Conference, Washington D.C.
32. Harrist, A.W. **Swindle, T.**, Rutledge, J., Topham, G., Hubbs-Tait, L., Shriver, L., & Page, M (June, 2014). *Classroom intervention to decrease peer rejection improves obese children's BMI over time*. Poster presented to Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI.
33. **Swindle, T.** & Whiteside-Mansell, L. (June, 2014). *Structured food experiences: A preliminary evaluation of the WISE curriculum*. Poster presented to Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI.
34. **Swindle, T.** & Whiteside-Mansell, L., Bokony, P., & Ward, W.L. (June, 2014). *Nutrition experiences of early childhood educators: Current and retrospective reports*. Poster presented to Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI.
35. Whiteside-Mansell, L., McKelvey, L., Burrow, N., & **Swindle, T.** (June, 2014). *Parent-preschool teacher partnership: Evidence of usefulness of the Family Map Inventory*. Poster presented to the biannual meeting of the World Association for Infant Mental Health, Edinburgh, Scotland.
36. Asirvatham, J.,* **Swindle, T.**, & Whiteside-Mansell, L. (November, 2013). *Food insecurity and childhood obesity: An analysis by race and gender in a low-income sample*. Poster presented to the 141st American Public Health Association Annual Meeting.
37. Yu, G., Thomsen, M. R., Nayga, R. M., Whiteside-Mansell, L., & **Swindle, T.** (2013, August). *The effect of food store access on children's diet quality*. Paper presented to the

- 2013 Agricultural & Applied Economics Association & CAES Joint Annual Meeting, Washington, DC.
38. **Swindle, T.**, Whiteside-Mansell, L., Ward, W., Bokony, P.A., & Pettit, D. (April, 2013). *Technology use and preference by low-income parents of young children: Demographic patterns and implications for intervention*. Poster presented to the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, WA.
 39. Whiteside-Mansell, L., **Swindle, T.**, Swanson, M., Bradley, R. H., Ward, W., McKelvey, L., & Burrow, N. (April, 2013). *Early predictors of long-term obesity development in impoverished families*. Poster symposium presented to the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, WA.
 40. Rutledge, J., **Swindle, T.**, Harrist, A., Hubbs-Tait, L., Page, M., Shriver, L., & Topham, G. (April, 2013). *The interaction of weight and income on children's peer social status*. Poster presented to the 2013 Biennial Meeting of the Society for Research in Child Development, Seattle, WA.
 41. Whiteside-Mansell, L., Conners-Burrow, N.A., **Swindle, T.**, Ward, W., Bokony, P., & McKelvey, L. (December, 2012). *Pediatric nutrition: Parenting impacts beyond financial resources*. Poster presented to the Annual meeting of the National Primary Care Physicians Group, New Orleans, Louisiana.
 42. Conners-Burrow, N., McKelvey, L., Kyzer, A., **Swindle, T.**, Cheerla, R., & Kraleti, S. (July, 2012). *Violence exposure as a predictor of internalizing and externalizing problems among children of substance abusers*. Poster presented at the International Society for the Study of Behavior Development Biennial Meeting, Edmonton, Alberta, Canada.
 43. **Swindle, T.**, Whiteside-Mansell, L., & Johnson, D. (June, 2012). *Family nutritional deficiencies and associated risks in rural Head Start children*. Poster presented at the National Head Start Research Conference, Washington, D.C.
 44. McKelvey, L. Burrow, N., Whiteside-Mansell, L., **Swindle, T.**, Plummer, P., Sockwell, L., & Barton, L.R. (June, 2012). *Home-based parenting intervention for adolescent mothers: Examining the effects on nurturing attitudes and beliefs*. Poster presented to the National Head Start Research Conference, Washington D.C.
 45. Swanson, M. & Whiteside-Mansell, L., **Swindle, T.**, & McKelvey, L. (June, 2012). *Development of obesity in Head Start children in rural AR and TN*. Poster presented to the Head Start Research Conference, Washington D.C.

46. McKelvey, L., Conners-Burrow, N., Whiteside-Mansell, L., **Swindle, T.**, Plummer, P., Sockwell, L. (March, 2012). *Adolescent mothers' parenting beliefs: Examining the effects of a home-based intervention*. Poster presented to the Society for Research in Adolescence Biennial Meeting in Vancouver, Canada.
47. Larzelere, R., **Swindle, T.**, Johnson, B., & Oliver, M. (November, 2011). *Swedish trends in assaults against minors since banning spanking: 1981-2008*. Poster presented to the National Conference for Family Relations, Orlando, Florida.
48. Harrist, A., Anderson, J., **Swindle, T.**, Page, M., Rutledge, J., Hubbs-Tait, L., Topham, G., & Shriver, L. (March, 2011). *Classroom social position of obese and at-risk rural 1st-grade children*. Poster presented to the Society for Research in Child Development Biennial Meeting, Montreal, Canada.

Regional Meetings

1. Rutledge, J. M., **Swindle, T.**, McBride, N. M., & Gremillion, M.* (2020, August). School-based nutrition curriculum intervention effects on body mass index and behavioral and physical health indicators. Poster accepted for presentation at the Society for Research in Human Development Conference, Jacksonville, FL.
2. Robinson, N.,* George, C.,* Hubbs-Tait, L., Topham, G., Rutledge, J., **Swindle, T.**, Shriver, L., & Harrist, A. (2020, August). General parenting and adolescent emotion regulation predict positive youth development connection in high school seniors. Poster accepted to the Society for Research in Human Development Biennial Conference, Jacksonville, FL.
3. **Swindle, T.**, Davenport, K., Martin, J., Staley, A.*, & McBride, N. M., (2019, October). *Preliminary Results from an Implementation Trial of Obesity Prevention Practices in Head Start*. Poster presented at the Arkansas Biosciences Institute Research Symposium. Jonesboro, AR.
4. McBride, N. M., Langley, V., Martin, J., Davenport, K., Staley, A.*, & **Swindle, T.** (2019, September). *Preliminary Results from an Implementation Trial of Obesity Prevention Practices in Head Start*. Poster presented at the University of Arkansas for Medical Sciences Showcase of Medical Discoveries, A Focus on Community Research and the Women's Faculty Development Caucus Poster Showcase. Little Rock, AR.
5. Rutledge, J. M., **Swindle, T.**, Harrist, A. W., Hubbs-Tait, L., Topham, G. L. Larzelere, R. E., & Shriver, L. H. (September, 2018). *Comparison of newly introduced weight trajectories to structure equation modeling to explore children's weight longitudinally*. Poster presented to the Developmental Methods Conference, Whitefish, MT.

6. **Swindle, T.**, Rutledge, J. M., Selig, J., Whiteside-Mansell, L., & Curran, G. (September, 2018). *Comparison of data collection methods and analytic approaches to intervention fidelity monitoring*. Poster presented to the Developmental Methods Conference, Whitefish, MT.
7. **Swindle, T.**, Liu, C., & Larzelere, R. (September, 2016). *Best practices in mediation analysis: Current usage in Developmental Science*. Poster presented to the Third Biennial Developmental Methods Conference, Whitefish, MT.
8. Rutledge, J. M., & **Swindle, T.** (March, 2016). *Pre-intervention condition of early childcare food practices in high obesity risk states*. Poster presented to the Society for Research in Human Development Biennial Conference, Denver, CO.
9. Asirvatham, J.,* Whiteside-Mansell, L., & **Swindle, T.** (October, 2015). *Food insecurity and childhood obesity: An analysis by race and gender*. Selected Paper Presented at the Missouri Valley Economic Association 52nd Annual Meetings. Kansas City, MO.
10. Rutledge, J., **Swindle, T.**, Harrist, A., Hubbs-Tait, L., & Topham, G. (March, 2015). *Exploring parenting styles as protective factors for the bullying and social exclusion of children in differing weight groups*. Poster presented to the Society for Research in Child Development, Philadelphia, PA.
11. Whiteside-Mansell, L., **Swindle, T.**, & White, A. (November, 2014). *WISE classroom nutrition: 12 Best food practices in the classroom*. Paper presented to the 2014 Region VI Head Start Association Conference, Albuquerque, New Mexico.
12. Rutledge, J., **Swindle, T.**, Harrist, A., Hubbs-Tait, L., Page, M., Shriver, L., & Topham, G. (March, 2014). *Exploring parenting styles as protective factors for the social competence and acceptance of children in differing weight status subgroups*. Poster presented to the Society for Research in Human Development Biennial Conference, Austin, Texas.
13. **Swindle, T.** & Whiteside-Mansell, L. (March, 2014). *Food insecurity and child weight: Reconsider the link*. Poster presented to the Society for Research in Human Development Biennial Conference, Austin, Texas.
14. McKelvey, L. M., Kyzer, A., Ellingsen, K., Whiteside-Mansell, L., Pillow-Price, K., Lent, L., & **Swindle, T.** (March, 2014). *Risks and strengths in the home environment of Arkansas HIPPY families*. Poster presented to the Society for Research in Human Development Biennial Conference, Austin, Texas.
15. Ward, W. L., Kyzer, A. L., **Swindle, T.**, M., Burrow, N., Sumrall, J.*, & Whiteside-Mansell, L. (October, 2013). *Maternal depression: Relationship to food insecurity and*

preschooler fruit/vegetable consumption. Poster presented to the 2013 Childhood Obesity in the Community: Turning Science into Care Conference. Boston, MA.

16. **Swindle, T.**, Whiteside-Mansell, L., Ward, W., & Kyzer, A. (March, 2012). *Fruit and vegetable consumption among low-income preschool children: Beyond access and education*. Poster presented at the Society for Research in Human Development Biennial Conference, New Orleans, Louisiana.
17. **Swindle, T.**, Harrist, A., Hubbs-Tait, L., Shriver, L., Page, M., & Topham, G. (March, 2012). *The severely obese child: An exploration of social status*. Poster presented at the Society for Research in Human Development Biennial Conference, New Orleans, Louisiana.
18. Rutledge, J., **Swindle, T.**, Harrist, A., Hubbs-Tait, L., Page, M., Shriver, L., & Topham, G. (March, 2012). *Gender and ethnic trends in the relation between child obesity and self-esteem*. Poster presented at the Society for Research in Human Development Biennial Conference, New Orleans, Louisiana.
19. Kyzer, A., Whiteside-Mansell, L., **Swindle, T.**, & McKelvey, L. (March, 2012). *Risks and strengths in the home environment of HIPPIY families*. Poster presented at the Society for Research in Human Development Biennial Conference, New Orleans, Louisiana.
20. Hubbs-Tait, L., **Swindle, T.**, Boslen, C., Morris, K., Sommers, K., White, S., & Feathers, M. (March, 2012). *Enhancing language and cognitive development of American Indian preschool children: An Indian nation and university collaboration*. Poster presented at the Society for Research in Human Development Biennial Conference, New Orleans, Louisiana.
21. **Swindle, T.**, Kyzer, A., Johnson, D., & Whiteside-Mansell, L. (April, 2011). *Identifying family nutritional deficiencies: The usefulness of the Family Map Health Module*. Poster presented to the 38th Annual Head Start Conference, Kansas City, Missouri.
22. Johnson, D., Sockwell, L., & **Swindle, T.** *Safety in the home: How to screen and what Head Start impacts* (April, 2011). Poster presented to the 38th Annual Head Start Conference, Kansas City, Missouri.
23. Whiteside-Mansell, L., Bays, J., Kimbriel, L., Johnson, D., Sockwell, L., Kyzer, A., & **Swindle, T.**, (April, 2011). *Strengthening families: Content of the Head Start home visit*. Poster presented to the 38th Annual Head Start Conference, Kansas City, Missouri.

B. Mentored Student Presentations

1. Cheatham, S.,* Bellows, L., & **Swindle, T.** (April, 2019). *Understanding parental behaviors and motivations behind packing lunch for their preschooler*. Poster presented to The Celebrate Undergraduate Research and Creativity Showcase, Fort Collins, CO.
*Mentored student who received Best in Show Award
2. Gremillion, M. E.,* & Rutledge, J. M., & **Swindle, T.** (2019, April). *A comparison of early childhood health indicators*. Poster presented at the ANS Research Symposium, Ruston, LA.
*Mentored student was selected as the 1st place winner of the Undergraduate Poster Presentation Award for the College of Applied and Natural Sciences.
3. Saccente, J. E.*, McKelvey, L. M., & **Swindle, T.** (March, 2019). *Adverse Childhood Experiences in infancy and toddlerhood predict obesity and health outcomes in middle childhood*. Poster presented to the UAMS Student Research Day, Little Rock, AR.
4. Thomasson M.,* Young M.,* Johnson T.,* May M.,* Tondjo K.* & **Swindle, T.** (March, 2018). *Medicalization of childbirth and maternal satisfaction*. Poster presented to the UAMS Student Research Day, Little Rock, AR.
5. Burns, T.W.,* Percle, P. M.,* Byley, E. A.,* Rutledge, J. M., & **Swindle, T.** (March, 2018). *Relation among early childhood educators' supportive behaviors and use of classroom-based obesity prevention program mascot*. Poster presented to the biennial meeting of the Society for Research in Human Development, Plano, TX.
6. Byley, E. A.,* Percle, P. M.,* Burns, T.W.,* Rutledge, J. M., & **Swindle, T.** (March, 2018). *The relation between early childhood educators' supportive behaviors and preschoolers' engagement in classroom food experiences*. Poster presented to the biennial meeting of the Society for Research in Human Development, Plano, TX.
7. Percle, P. M.,* Byley, E. A.,* Burns, T.W.,* Rutledge, J. M., & **Swindle, T.** (March, 2018). *Teacher's self-reported food insecurity impact on observed classroom food environment*. In J.M. Rutledge (chair) and L. Hubbs-Tait (discussant), *Food Insecurity among Early Childhood Educators*. Symposium presented to the biennial meeting of the Society for Research in Human Development, Plano, TX.
8. Byley, E. A.,* Percle, P.M.,* Burns, T. W.,* Heiden, K. E.,* Winkler, C. F.,* Rutledge, J. M., & **Swindle, T.** (February, 2017). *The relation between early childhood educators' supportive behaviors and preschoolers' engagement in classroom food experiences*. Poster presented to the annual meeting of the Louisiana Association of Family and Consumer Sciences, Ruston, LA.

9. Heiden, K. E.,* Byley, E. A.,* Percle, P. M.,* Rutledge, J. M., & **Swindle, T.** (February, 2016). *Teacher mealtime interaction style changes from pre to post intervention*. Poster presented at the Louisiana Tech University Student Research Symposium, Ruston, LA.

*Indicates student

VIII. TEACHING AND EDUCATIONAL ACTIVITIES

A. Courses Taught

EDPR 7543- Application of Multiple Regression in Educational Research (Role: Co-Instructor). Three credit hours. This graduate level course covers: path models, path analysis, structural equation modeling (SEM), and applications of path analytic and SEM techniques in educational research. I taught the lectures on foundations of SEM, confirmatory factor analysis, and longitudinal SEM. University of Memphis, Spring 2012 (10 students).

PBHL 5773/HPPR 5773/ HSRE 9333- Survey Research (Role: Instructor). Three credit hours. This graduate level course provides a practical overview of survey research methods. The primary focus is on identifying or developing questionnaire items and scales and designing a survey instrument. The logistics of implementing a survey, tailoring instruments for specific settings, populations, and methods of administration, sampling methods, assessing sampling bias, and maximizing response rates are also covered. University of Arkansas for Medical Sciences, Fall 2015 (17 students); Fall 2016 (25 students); Fall 2017 (23 students).

Training Institute for Dissemination and Implementation Research in Health Australia (Role: Invited Facilitator) Developed in collaboration with the successful U.S based TIDIRH, this training equips participants with the knowledge and skills required to undertake high quality dissemination and implementation (D&I) research relevant to their field. Participants learn to identify gaps that need further exploration thus potentially informing practice and influencing policy. January 2020 – May 2020 (30 students).

Research Skills for Family Medicine Residents (Role: Coordinator and Instructor) This series of lectures and workshops is designed to advance skills in research, presentation, and dissemination. Modules in each of these topics are repeated on a three-year cycle to establish foundation skills and build upon these across the residency experience. Sessions include interactive modules on literature review, abstract writing, case reports, statistics, and reading research articles among others. August 2019 - present .

B. Teaching Lectures in Academic Settings

1. University of Arkansas for Medical Sciences; Dietetics and Nutrition Seminar. *Stakeholder-selected Strategies to Support Implementation of WISE: Results from a Hybrid Type III Trial*. January, 2020.
https://video.uams.edu/VideoIndex/blackboard_video_play.aspx?videoID=4778536F37724378417A773D

2. University of Arkansas for Medical Sciences, Childhood Obesity Prevention Center Annual Retreat. *Academic Clichés that (likely) Don't Help Your Grant Writing*. August, 2019.
3. University of Arkansas for Medical Sciences; Educators Academy. *Staying on Task*. March, 2019.
4. University of Arkansas for Medical Sciences; Interprofessional Education. *Grant Writing for Community-Based Research*. November, 2018. <http://chpresearch.uams.edu/>
5. University of Arkansas for Medical Sciences; Educators Academy. *Grantmanship 101: Funding Your Project*. November, 2018.
6. University of Arkansas for Medical Sciences; Translational Research Institute. *Getting the Most out of Mentoring*. October, 2018.
7. University of Arkansas for Medical Sciences; Dietetics and Nutrition Seminar. *Application of Implementation Science to Nutrition Research and Practice*. September, 2018.
8. University of Arkansas for Medical Sciences. *Applying for K Awards*. Invited panelist for the Translational Research Institute Research and Career Development Seminar Series. April, 2018.
9. University of Arkansas for Medical Sciences, Leadership Academy. *Grantmanship 101*. November, 2017.
10. Arkansas Nutrition, Obesity, and Health Research Retreat. *Implementation Science in Obesity Prevention: An Example Study and Opportunities for Collaboration*. October, 2017
11. University of Arkansas for Medical Sciences, Teaching with Technology Symposium. *Exploration of an Integrated Active Learning Strategy to Balance Student Workload in a Mixed Level Research Methods Course*. July, 2017.
12. University of Arkansas for Medical Sciences. *K Award Roundtable*. Invited panelist. March, 2017.
13. Kansas State University; Grant Writing (Graduate Level). *K01 Submission Process and Grant Writing Strategy*. February, 2017; March, 2019
14. University of Colorado School of Medicine Pediatric Nutrition Seminar. *Implementation Science and Nutrition Research: An Introduction and Application*. February, 2017

15. Colorado State University, Food Science and Human Nutrition Departmental Seminar *Adoption of Nutrition Promotion Practices in Early Care and Education: A Mixed Methods Study*. February, 2017
16. Colorado State University, Health Behaviors Laboratory. *Implementation Science and Nutrition Research: An Introduction to Concepts and Opportunities*. February, 2017
17. University of Arkansas for Medical Sciences; College of Public Health Seminar. *A Mixed Methods Study of Factors Related to Obesity Prevention Practices in Early Childhood Education*. April, 2016.
18. University of Arkansas for Medical Sciences; Healthy Living Summit; Continuing Education. *Food Talk: Supporting Parents in Nutrition*, February, 2015.
19. Harding University; Social Psychology. *To Graduate School...And Beyond!* January, 2015.
20. Louisiana Tech University; Early Childhood Development. *Peer Relations in Early Childhood: Impact on Health and Development*. October, 2014, 2015
21. Louisiana Tech University; Research Methods in Child and Family Studies. *WISE: An Example of Observational Research*. October, 2014, 2015.
22. Louisiana Tech University; Psychosocial Factors of Childhood Obesity. *Community Psychosocial Factors and Child Obesity*. July 2014; September 2014, August 2015.
23. Harding University; McNair Scholars Orientation. Keynote Address; *Lessons from a McNair Graduate*. October, 2014; December 2016
24. University of Arkansas for Medical Sciences; Regional Programs Professional Development Series. *Evaluating and Preparing a Research Article*. October, 2014.
25. University of Arkansas for Medical Sciences; PedsPLACE. *Childhood Obesity in the Context of Poverty: The Role of Health Care Professionals*. May, 2014.
26. Society for Research in Human Development Biannual Conference. *Navigating the Job Search: Insights and Success Stories*. Invited panelist. March 2014.
27. Society for Research in Human Development. *REJECTED: The experience of social rejection*. Invited panelist. March, 2014.

28. University of Arkansas; Interdisciplinary Obesity Prevention. *Obesity Prevention in Early Childhood: A Systems Approach*. June, 2013.
29. University of Arkansas for Medical Sciences; Dietetics and Nutrition. *Child Nutrition: Family Determinants*. December, 2013.
30. University of Arkansas for Medical Sciences; Healthy Living Continuing Education Summit. *Childhood obesity: A Family Portrait*, November, 2013.
31. Harding University; McNair Scholars. Keynote Address. *Transition to Graduate School*. April 2009.

C. Teaching Lectures in Community Settings

1. Arkansas Early Childhood STEAM, Hot Springs, AR. *Together, We Inspire Smart Eating: Learning through food experiences in the classroom*. January, 2020.
2. UAMS Head Start, Little Rock, AR. *Wellness that works: Simple approaches to improving well-being*. October, 2019. (6 hour session)
3. UAMS Head Start, Little Rock. *Preliminary Results from an implementation trial of obesity prevention practices in Head Start*. Presented to Health Advisory Committee and Annual Professional Development Day. October, 2019.
4. Arkansas Early Childhood Association, Little Rock, AR. *Ditch the diet: Care for yourself as you care for children*. October, 2019.
5. UAMS Community Scientist Academy, Little Rock, AR. *Examples from Community-based Research*. October, 2019.
6. Arkansas Head Start Institute, Little Rock, AR. *Ditch the diet: Care for yourself as you care for children*. April, 2019.
7. National Head Start Conference, San Antonio, TX. *What's possible when nutritional professionals and educators work together? Children choose more fruits and vegetables!* April, 2019
8. UAMS Community Scientist Academy, Little Rock, AR. *Interventions and Evaluation*. January, 2019.
9. UAMS Community Scientist Academy, Little Rock, AR. *Implementation Science: Examples and Applications*. October 2017.

10. Arkansas Early Childhood Association, Little Rock, AR. *Sensory Food Experiences: Benefits & Best Practices*. October 2017.
11. Arkansas Early Childhood Association, Little Rock, AR. *Addressing Food Insecurity in Arkansas Child Care through Education and Connection*. October, 2017.
12. Region VI Head Start Association, Little Rock, AR. *Hunger in Childcare: The Elephant at the Table*. August 2017
13. Arkansas Nutrition and Physical Activity Conference, Conway, AR. *Sensory Food Experiences*. April, 2017
14. Southern Early Childhood Association Conference, Biloxi, MS. *Preschool Screen for Adverse Childhood Experiences (ACE): How and Why*. March, 2017
15. Southern Early Childhood Association Conference, Biloxi, MS. *WISE food experiences in childcare: Changing parents and nutrition at home*. March, 2017
16. Arkansas Nutrition and Physical Activity Conference, Conway, AR. *WISE – Together, We Inspire Smart Eating*. April, 2016
17. Western Arkansas Child Care Conference, Fort Smith, AR. *Examining a System for Family Engagement*. April, 2016.
18. Western Arkansas Child Care Conference, Fort Smith, AR. *A WISE Approach to Obesity Prevention in Child Care*. April, 2016.
19. Southern Early Childhood Association Conference, Tulsa, OK. *Peer Relations in Early Childhood: Impact on Positive, Holistic Development*. February, 2016.
20. Southern Early Childhood Association Conference, Tulsa, OK. *Best Food Practices in Early Childhood*. February, 2016.
21. Arkansas Early Childhood Association Conference, Hot Springs, AR. *Will You Play With Me? The Importance of Relationships in Early Childhood*. October, 2015.
22. Arkansas Head Start Association Conference, Hot Springs, AR. *Creating a Supportive Food Environment in Head Start*. March, 2015.
23. Invited Panelist; 2015 Bruce Everist Lecture, Ruston, LA. *Reject: The Science of Social Rejection*. February, 2015.

24. The Partnership for Health Literacy in Arkansas, Little Rock, AR. *How to Help Parents with Low Health Literacy Understand Nutrition. Helping Professionals Help Parents with Food Modeling and Language*. January, 2015.
25. Arkansas Early Childhood Association Conference, Hot Springs, AR. *Say This, Not That: Creating a Supportive Classroom Food Environment*. October, 2014.
26. Arkansas Head Start Association Conference, Hot Springs, AR. *Food Practices in the Head Start Classroom*. March, 2014.
27. Arkansas Early Childhood Association Conference, Hot Springs, AR. *12 Best Food Practices in the Early Childhood Classroom: Do You Use Them?* October, 2013.
28. Arkansas Early Childhood Association Conference, Hot Springs, AR. *Family Practices Related to Childhood Obesity*. October, 2012.

D. Invited Webinars

1. Early Childhood Working Group of the Robert Wood Johnson Foundation Health Eating Research group and the Centers for Disease Control and Prevention's (CDC) Nutrition and Obesity Policy Research and Evaluation Network. *Preliminary Results from an Implementation Trial of Obesity Prevention Practices in Head Start*. August, 2019.
2. International Society for Behavioral Nutrition and Physical Activity: Implementation and Scalability Special Interest Group. *Implementation Science in Early Childhood Nutrition*. April, 2019.
3. Society for Nutrition Education and Behavior. *Implementation Science for Nutrition Education Professionals and Researchers*. September, 2018.
4. Society for Nutrition Education and Behavior. *Together, We Inspire Smart Eating: A Preschool Curriculum for Obesity Prevention in Low-Income Families*. February, 2018.

E. Media Contributions

1. Windy Wise teaches kids about eating healthy, KATV, Saturday Day Break, June 25, 2018. <https://katv.com/community/daybreak/wendy-wise-teaches-kids-about-eating-healthy>
2. Healthy cooking and eating with Windy Wise. KATV, Good Morning Arkansas; August 7, 2018. <https://katv.com/community/good-morning-arkansas/healthy-cooking-and-eating-with-windy-wise>
3. What's in a Name: Is Implementation Science Repackaged Process Evaluation?; Invited Blog. Society of Implementation Science in Nutrition, March 3, 2020. https://www.implementnutrition.org/impsci_and_process_eval/

F. Resident advising

Journal Club Consultation

3 residents in 2013, 2 residents in 2015, 7 residents 2016, all residents 2017 – 2019

Research Elective:

Jasmine Brathwaite, 2012; Statistical Consultant

Nudrat Khatri, 2014; Co-Facilitator

Priya Priyambada, 2015; Co-Facilitator

Eugene Apostolov, 2016; Co-Facilitator

John Allen Cockerell, 2017; Co-Facilitator,

Greg Sketas, 2018; Facilitator

G. Graduate Medical Student Advisor

2019-2020 Anwesh Poosala,

2018-2019 Swapna Manyam, matched with UAMS DFPM 2019

2017-2018 Gireesh Sadasavin; matched with UAMS Pine Bluff 2018

2016-2017 Thirosha Thirunavukarasu; matched with UAMS Pine Bluff 2017

H. Mentoring Committees

2019 Kindann Fawcett, Post-Doctoral Mentoring Committee, UAMS/ACH

2019 - Audrey Chandler, Doctoral Advising Committee, Chair, UAMS

2018 - Samjhana Shakya, Doctoral Dissertation Committee Co-Chair, UAMS
Title: *Cultural adaptation and feasibility of the “Extended- Hurt, Insult, Threaten, Screen (E-HITS)” screening tool in identifying intimate partner violence in healthcare settings in Nepal*

2018 - 2019 Ali Alzahrani, Doctoral Dissertation Committee, UAMS
Title: *Utilization of Routine Healthcare Services and Factors Influencing the Utilization of those Services: A Convenience Sample Survey of Saudi Students Studying in the US*

2018 Shannon Mallory, Colorado State MS in Nutrition, Thesis Committee

2018 Megan Champan, Integrated Learning Experience, Committee Member

2017 - 2018 Jill Hinsley, UAMS MS in Clinical Nutrition, Thesis Committee

2016 Sumit Shah, UAMS MPH Culminating Experience, Committee Member

2016 Ashley Clark, UAMS MPH Culminating Experience, Committee Member

2016 Tamier Wells, UAMS MPH Culminating Experience, Committee Chair

2016 - Eunice Menja, Doctoral Dissertation Committee, Kenyatta University
Title: *Investigating Factors Associated with Child Sexual Abuse Disclosure: Additional Evidence from Kiambu County*

I. Internship Director/Preceptor

2020 Aurda Staley, University of Arkansas for Medical Sciences, Honors Research Program

2020	Madelynn Darby, Harding University Undergraduate student
2019	Victoria Langley, Harding University Undergraduate student
2019	Arlauna Sanders, University of Arkansas at Pine Bluff, Center for Diversity Affairs Summer Research Internship
2019	Colin Phillips, Harding University Undergraduate student
2018	Jennifer Saccente, University of Arkansas for Medical Sciences, Summer Science Program
2018	Tyler Wood, Harding University, Undergraduate student
2018	Haley Shrell, University of Arkansas for Medical Sciences, Clinical Nutrition, Health Professions Practicum
2018	Aurda Staley, Harding University, Undergraduate student
2017	Ali Alzahrani, University of Arkansas for Medical Sciences, PhD student; Directed study in Survey Research (PBHL 602V)
2017	Alex Otwell, Pulaski Academy Summer Research Internship
2016	Tamier Wells, University of Arkansas for Medical Sciences, MPH student
2015	Bryn Hester, Harding University Undergraduate student
2015	Gregory Sketas, University of Arkansas for Medical Sciences, Medical student

J. Curriculum Development

1. **Swindle, T.,** Blake, L., Jarrett, D., Kraleti, S. (2019). Research Skills for Family Medicine Residents. Little Rock, AR: University of Arkansas for Medical Sciences.
2. **Swindle, T.,** & Schrick, B. (2017). Setting the Table for Healthy Habits. *Lesson for Best Care Curriculum for Early Childhood Educators*. Little Rock, AR: University of Arkansas Division of Agriculture, Research and Extension.
3. White, M., **Swindle, T.,** & Whiteside-Mansell, L. (2017) Manual for Together, We Inspire Smart Eating: A Nutrition and Food Experience Manual for Preschool (5th ed.) Little Rock, AR: University of Arkansas for Medical Sciences.
4. White, M., **Swindle, T.,** & Whiteside-Mansell, L. (2016) Manual for Together, We Inspire Smart Eating: A Nutrition and Food Experience Manual for Early Childhood (K/1) (4th ed.) Little Rock, AR: University of Arkansas for Medical Sciences.
5. **Swindle, T.** & Pettit, D., & Whiteside-Mansell, L. (2013). *WISE Facebook: A Web-Based Nutrition and Parenting Program*.
6. **Swindle, T.,** Bihm, E., & Varghese, F. (2013). *Structural Equation Modeling for Counseling Psychology*.

IX. SERVICE ACTIVITIES

A. University Service Activities

Reviewer, IDEa States Pediatric Clinical Trials Network, Protocol Reviewer for Childhood Obesity Network, 2019
Reviewer, UAMS College of Health Professions Seed Grant, 2019
Reviewer, UAMS Research Scholar Pilot Grant Awards in Child Health, 2018
Reviewer, TRI KL2 Mentored Research Career Development Scholar Award Program, 2017, 2020
Reviewer, CTSA Inter-institutional Pilot for Western States Collaborative, 2018
Panel of Experts, UAMS Medical Research Endowment Fund pilot grant, Holly Felix, PI, 2018
Inter-professional Education Committee, Research Delegate, 2018
Medical Student Ethics Bowl Judge 2014- 2016, 2018
Medical School Applicant Interviews, January 2014; October 2015, January 2017
Women's Faculty Development Caucus Research Committee, 2014 –present
Facilitator, 2019
Student Research Day Judge, April 2014

B. Professional Service Activities

Society Service

Co-Chair, International Society for Behavioral Nutrition and Physical Activity: Implementation and Scalability Special Interest Group, 2019 - present
Board Member, Society for Research in Human Development; 2012-2014; 2017 -
Member, Society for Nutrition Education and Behavior Children's Division, 2014 - 2017
Children's Division Delegate to the Issues and Resolutions Committee, 2016
Research Division, 2018 –

Conference Submission Reviewer:

Dissemination and Implementation in Health, 2018, 2019
Society for Nutrition Education and Behavior, 2014, 2016, 2017, 2018
Society for Research in Human Development, 2014, 2015, 2019

Other Review Service:

Reviewer, Training Institute for Dissemination and Implementation Research in Cancer (TIDIRC), 2019, 2020
Reviewer, Training Institute on Dissemination and Implementation Research in Health (TIDIRH), 2017, 2018
Section Reviewer, Small Business Innovation Research Program United States Department of Agriculture, 2015

D. Community and Public Service Activities

Arkansas Food Bank affiliate, 2011-2013
Career Workshop Leader, 2013

Farm to You: Lonoke County, 2015
Healthy Active Arkansas: Access to Food Committee, 2016
Healthy Active Arkansas: Sugar-Sweetened Beverage Reduction Committee, 2016
Arkansas Pediatric Obesity Mini-Coin, Consultant; 2016 – 2017
The CALL Nonprofit, Volunteer Trainer for Foster Care and Adoption; 2018 –present
Champions for Health Nonprofit, Consultant; 2018-2019
Neema Victories International Nonprofit, Board of Directors, Director; 2019 -present

E. Services to Academic/Professional Journals and Editorial Boards

Journal Reviewer:

National Head Start Association Dialogue: Research to Practice Journal; 2011, 2014-2015
Clinical Pediatrics; 2013
Journal of Pediatric Nursing, 2013, 2018
Social Science & Medicine, 2014
Child Development, 2015, 2018
Journal of the Academy of Nutrition and Dietetics, 2016
Psychological Services, 2017
British Medical Journal, 2018
Women's Health Issues, 2019
Journal of Nutrition Education and Behavior, 2014 –
Implementation Science, 2017 –
Preventive Medicine, 2018 –
International Journal of Behavioral Nutrition and Physical Activity, 2019 –
Child and Youth Services Review, 2018 –
Preventive Medicine Reports, 2018 –
Translational Behavioral Medicine, 2018 –

Journal Service

Journal of Nutrition Education and Behavior,
Board of Editors, Statistical Reviewer, Journal Committee
Transparency in Publishing, Subcommittee

F. Professional Memberships

The Obesity Society, 2014
Childcare Food Program Round Table, 2015-2016
Society for Research in Child Development, 2011-
Society for Research in Human Development, 2009-
Society for Nutrition Education and Behavior, 2013-
Society for Implementation Research Collaboration, 2016 –
The Society for Implementation Science in Nutrition, 2017 –

X. SELECTED POST GRADUATE TRAININGS

- 2020 Mentoring Matters, University of Arkansas for Medical Sciences Translational Research Institute (6 hours)
- 2019 Veterans' Administration Implementation Facilitation (20 hours)
- 2018 Building Culturally Inclusive Coalitions, Society of Nutrition Education and Behavior (8 hours)
- 2018 Maryland Center for Health Equity Building Trust Workshop "Becoming a Self-Reflected Researcher: Successfully Engaging Minority Communities" (16 hours)
- 2018 Inter-professional Education Quality Improvement Facilitation (4 hours)
- 2014 – 2016 Leadership Academy, University of Arkansas for Medical Sciences/Arkansas Children's Hospital (24 hours)
- 2016 Educator's Academy, University of Arkansas for Medical Sciences (10.5 hours)
- 2014 – 2016 Responsible Conduct of Research, University of Arkansas for Medical Sciences (10 hours)
- 2015 Qualitative Analysis, University of North Carolina at Chapel Hill (25 hours)
- 2013 Qualitative Research Summer Intensive, University of North Carolina at Chapel Hill (29 hours)
- 2013 Leadership Essentials, University of Arkansas for Medical Sciences (38 hours)

XI. AWARDS AND HONORS

- 2020 Nomination for Chancellor's Teaching Award
- 2020 Nomination for Society for Research in Human Development 2020 Outstanding Mentor Award.
- 2019 International Society for Behavioral Nutrition and Physical Activity: Outstanding Oral Presentation for the Implementation and Scalability Special Interest Group
- 2017, 2018 UAMS K-Club Summer Writing Challenge Winner
- 2018 Outstanding GEM (Great Educational Material) article in Journal of Nutrition Education and Behavior
- 2017 - 2018 National Institutes for Health: Loan Repayment Program Renewal (NIH LRP)
- 2017 International Society for Behavioral Nutrition and Physical Activity: Nomination for Outstanding Oral Presentation for the Early Care and Education Special Interest Group
- 2017 UAMS Graduate School Three Minute Thesis: People's Choice Award
- 2016 Reviewer of Excellence: Journal of Nutrition Education and Behavior
- 2016 Training Institute on Implementation and Dissemination Research in Health (TIDIRH) Fellow

- 2014-2016 National Institutes for Health: Loan Repayment Program Recipient (NIH LRP)
- 2016 Translational Science 2016: Burroughs-Wellcome Fund Trainee Travel Award
- 2015 American Society for Nutrition Emerging Leaders in Nutrition Science, 2nd Place in Nutrition Education
- 2013 Rising Star Alumni Award; Oklahoma State University, College of Human Sciences
- 2013 Outstanding Graduate Student in Educational Research, University of Memphis
- 2010 First Place Graduate Student Submission; Society for Research and Human Development Biennial Conference:
- 2009 Human Environmental Science Fellow, Oklahoma State University
- 2008 Federal TRIO Program Hall of Fame Inductee, U.S. Department of Education
- 2008 Outstanding Student in Research, Harding University
- 2007 Science Alliance Award; McNair Research Symposium, University of Tennessee at Knoxville