

Fatigue Recognition & Mitigation

Two Types of Fatigue Errors

Healthcare professionals must recognize that sometimes the best interests of the patient may be served by transitioning care to another qualified and rested provider. Know your program's fatigue mitigation process.

1. **Errors of commission** - doing something incorrectly.
2. **Errors of omission** - not doing something that should be done.

Fatigued Driving & Class A Misdemeanor

Arkansas Code § 5-10-105, includes operating a vehicle while fatigued.

(1) "Fatigued" means: (A) Having been without sleep for a period of twenty-four (24) consecutive hours; or (B) Having been without sleep for a period of twenty-four (24) consecutive hours and in the state of being asleep. Residents/fellows are encouraged to rest on campus before operating a vehicle if they are at increased risk of an accident due to fatigue.

Call/Nap Rooms

UAMS provides call rooms and nap rooms for residents. Please contact your Program Coordinator for location, room numbers, and codes for entry.



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