

Our Children, Our Nutrition

www.ArkansasChildrensNutritionCenter.com

PARTICIPANT SPOTLIGHT

Marietta McClure is a mom of four and owner of McClure Fitness in Benton, AR. She came to ACNC with her son, Shad, so he could participate in the MI Energy study! This study is for 8-10 year old children and the purpose of the study is to look at how a child's physical activity may affect the way their blood cells behave.

Marietta opened a window into their experience at ACNC. She said, "the study was well organized, the staff was super friendly and we got through all the tests quickly. We would definitely do another ACNC study especially because we learned so many cool science-y things about our bodies." Marietta also added that after the study, Shad asked if they could make a schedule so he could do some sort of movement activity every day.

Thanks Marietta and Shad for taking time out of your day to participate in ACNC research! We have the best participants!



NUTRITIONAL SCIENCES AWARD

Congratulations to Dr. Aline Andres for being awarded the 2022 American Society for Nutrition - Nutritional Sciences Award! This award is given for recent investigative contributions of contemporary significance to the understanding of human nutrition. She is being recognized for her research contributions that have advanced our understanding of how dietary and metabolic factors and health impact infant and child growth, development and health.

ACNC Director, Dr. Mario Ferruzzi said, "it is great to see recognition of Dr. Andres' and her groups efforts as they seek to understand more about how diet and lifestyle influences that can impact the growth, development and long-term health of children. Their critical work here at the ACNC requires time and commitment and is unique in its combination of diverse and complex clinical designs. Dr. Andres' efforts are critical to our goal to improve infant and child health."

EXPECTING STUDY EXPERIENCE IN EXERCISE GROUP

Gabrielle Wilkerson participated in the Expecting study when she was pregnant with her son, Aiden. They have now completed the study, and Aiden will be three years old this summer!

In the Expecting study, moms are part of one of two groups. Gabrielle was a part of the exercise group. During her pregnancy, she came to work out three times a week at ACNC's Fitness Facility with a Physical Trainer. We asked her about her experience in the exercise group. She said, "I enjoyed the opportunity to stay active during my pregnancy as well as building a relationship with the staff." When we asked what the highlight of the experience was for her, she said "enjoying working out and having the opportunity to use the given gift cards to purchase my baby's first toys and clothes."

The most interesting thing about being part of Expecting study for Gabrielle was learning about the research and how it will help people in the future!

Thank you Gabrielle and Aiden for your participation!



DO YOU EVER WONDER HOW PARTICIPATION IN ONE OF OUR STUDIES IMPACTS SCIENCE AND OUR COMMUNITY?

Researchers here at ACNC will share their latest research findings (from studies conducted right here!) with the world during a 3-part webinar series hosted by the Institute for the Advancement of Food and Nutrition Sciences (IAFNS).

This is just one of the many ways our research faculty and staff work to understand and describe what keeps moms, babies, and kids at their best. Of course, that is thanks to all our amazing study participants– without your contributions to research science, this would not be possible!

Find details here: <https://iafns.org/event/iafns-acnc-webinar-series>



CONGRATULATIONS LEXI!

Lexi Sampson, RDN, Nutritionist Assistant, got married in March to Jonathan Poole!

Some fellow ACNC staff members were able to go celebrate the newlyweds (from left: Tonja, Sabrina, Ashton, Lexi, Markie, Audrey, and Liz).

Congratulations to Lexi and Jonathan!

THIRD THURSDAY FESTIVAL IN DOWNTOWN BENTON



Team members from ACNC will be out at the Third Thursday Festival in Benton, AR throughout this summer. The first one was on Thursday April 21, and Adrienne and Markie had so much fun!

We had games set up like connect four and hula hoop, and we were able to talk to the community about our studies. We even saw some familiar faces that have participated in some of our studies before!

Be sure to stop by and chat with us at an upcoming event! We will be in downtown Benton for the Third Thursday Festival on June 17, July 15, August 19, and September 16. Be sure to follow us on Facebook and Instagram for more information about upcoming events!



WORD SEARCH

- BREEZE
- BUNNIES
- DAYLIGHT
- EASTER
- EGGS
- FLOWERS
- RAIN
- SPRING

F E B U N N I E S B
 D Z T U H P I P B R
 A E U K N E R A E A
 Y E R B G I K T R D
 L R G G N N S W V A
 I B S G V A P P Q J
 G Y S R E W O L F J
 H I T G T G Q S H U
 T C F V H M O L Q Z
 X P H B P F K W B R

CONGRATULATIONS ON THE NEW BABY!



Stephanie Poposky, Neuropsychological Technician at ACNC, welcomed baby boy Jaxon in February.



STRAWBERRY SNACK!

We love a healthy snack! One of our favorites is sliced strawberries. This is a great quick snack to incorporate into your day! Not only are they high in vitamin C and antioxidants, but they are also 92% water -- perfect to give you a bit of extra hydration! Our Registered Dietitians love to include fruits as quick snacks throughout their workday.

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CURRENTLY ENROLLING STUDIES



Contact us to see if you or your child are eligible at 501.364.3309 or ACNCstudies@archildrens.org



EXPECTING

Nutrition study observing growth and development of mom and baby. You must be less than 12 weeks pregnant and have a BMI more than 30. To thank you we will provide a 1.5 year supply of diapers and monetary compensation.



HAPPY TUMMIES

We are looking for infants less than 3-months old that are either exclusively fed breast-milk or formula for a research study. A 6-month supply of diapers will be provided.



MOON

Help us study the impact of mom's health during pregnancy on baby's brain health. We are looking for women less than 12 weeks pregnant. Monetary compensation and a year and a half supply of diapers provided.



MI ENERGY

Help us study how physical activity levels influence your child's health! We are looking for 8-10 year old kids for the 8-hour study. Monetary compensation provided for participation.



COMMUNITY EXPECTING

Physical activity pregnancy study for moms less than 15 weeks along with a BMI over 30. Monetary and non-monetary compensation provided.



OTHER STUDIES

We currently have several other studies for pregnant women and kids. Call us or visit our website at ArkansasChildrensNutritionCenter.com to learn more.

