



Students' Cooking Class Shows Healthy, Tasty Holidays all about "Balance"

Turkey roulade with apple cider gravy. Browned butter mashed potatoes.

Pumpkin roll cake.

Those were just a few of the things whipped up by College of Medicine students at a cooking class hosted by the Integrative Medicine Interest Group (IMIG) just before Thanksgiving.

One might never guess the dishes all had a healthier twist, were it not for the tips provided by the instructor from the UAMS Culinary Medicine Program and the student group's mission to help its members and others live more healthful lives – even during the holidays.

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Pictured, top photo: Reyna Gomez and Leo Cooper receive guidance from Instructor Alyssa Frisby while preparing a turkey roulade. Down the counter are Safi Alsebai and Humam Shahare, while Megan Hunter works at the other counter. Above, right: Emily Joy Seminara mixes ingredients for a cake.

IN THE SPOTLIGHT



Dr. Kent Westbrook Shares Sage Advice at Honorary "Last Lecture"

Dr. Kent Westbrook, Distinguished Professor of **Surgery** and a leader at UAMS for five decades, delivered the inaugural talk in "The Last Lecture" series presented by the UAMS Emeritus Society on Nov. 16. [View the video of the lecture here](#). Watch for a story soon on the UAMS website. Here's a peek at some of the words of wisdom Dr. Westbrook wove into his speech!

"Think Past Lunch."

"Have Fun."

"Stay Forever Young."

Don't be stupid.

You are not as important as you think.

You are important.

Training should include stress/support.

Remain student and teacher.

Accept new knowledge/technology.

Be careful when out of lane.

Finish things well.

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NEW FACULTY

Please join us in welcoming these recent additions to the COM faculty.



James "Reggi" Burch, M.D., has joined the Department of **Anesthesiology** as an Associate Professor.

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John Streitman, M.D., has joined the Department of **Surgery** as an Associate Professor in the Division of **Cardiovascular Surgery**.

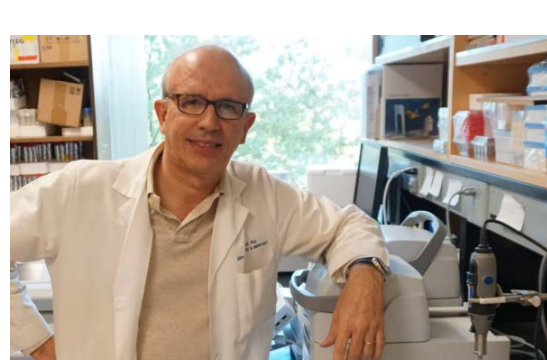
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RECENT GRANTS



HEALTH TECH ENTREPRENEURSHIP | UAMS-based **BioVentures LLC** has secured a nearly \$3 million grant from the U.S. Department of Commerce to support entrepreneurs from socially and economically disadvantaged backgrounds who are looking to develop health technology and health care businesses. The Arkansas Collaborative for Technological and Innovative Venture Equality (ACTIVE) will be directed by Bioventures President **Kevin Sexton, M.D.**, (shown above, left, at a White house event) and co-directed by **Eric Peterson, Ph.D.**, and **Robert Griffin, Ph.D.** [READ MORE](#)



[NIH Awards UAMS \\$1.54 Million to Tackle Brittle Bone Disease](#)



[UAMS Receives \\$1 Million Department of Justice Grant to Help Reduce Violent Crime in Pine Bluff Schools](#)

Congratulations to College of Medicine team members who received new extramural grants in October. This list, courtesy of the College of Medicine Office of Research, excludes clinical trials and awards under \$10,000, as well as grants highlighted above and awards we have previously reported.

Ashley Acheson, Ph.D., Department of **Psychiatry**, PRELUDE supplement funds, National Institutes of Health, (9/1/2021-6/30/2024), \$83,879. Pass through from Arkansas Children's Research Institute.

Frits Van Rhee, M.D., Ph.D., Department of **Internal Medicine**, mTOR as a Central Regulator of iMCD Pathogenesis, NIH-National Heart, Lung, and Blood Institute, (9/1/2023 – 5/31/2024), \$173,606.

Arkansas Children's Establishes \$70 Million Center Focused on Opioids' Impact on Children



Arkansas Attorney General Tim Griffin is awarding \$50 million of opioid settlement funds to Arkansas Children's to pioneer one of the nation's most ambitious research efforts dedicated to opioids' impact on children. The National Center for Opioid Research

and Clinical Effectiveness (NCOR) will position Arkansas as a national leader in understanding the impacts of the opioid crisis on the fetus, newborn and developing children. The Office of the Attorney General is responsible for administering the state's share of the national opioid settlements to fund opioid remediation in compliance with the terms of the settlement agreements.

The center will require \$70 million in funding, and Arkansas Children's will provide the funds beyond the opioid settlement proceeds. Construction will begin next year on the 45,000-square-foot facility on the ACH campus near the Arkansas Children's Research Institute (ACRI). [READ MORE](#)

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